



Recipe for Tomato Rice

Ingredients

Rice - 1 cup (cooked)
Onion - 1/2
Tomato - 1/2
Bell pepper - 1/2
Garlic - 2 cloves (optional)
Pepper powder - 1 pinch
Jeera powder - 2 pinches
Salt - as required
Oil - 1 tbsp

Method: -

Cut tomato and bell pepper lengthwise.

Heat oil in a pan, add tomatoes, bell pepper and fry for a few minutes till it is slightly cooked. (Do not overcook). Keep aside. In the same pan add chopped garlic followed by chopped onions and sauté till onions become transparent. Add tomato and bell pepper.

Now add the spices along with salt. Mix the cooked rice.