

**SUSHILA BIRLA GIRLS' SCHOOL**  
**DETAILS OF WEBINAR**

<b>DATE</b>	<b>TOPIC</b>	<b>CLASS</b>	<b>TIME</b>	<b>AUDIENCE</b>	<b>SPEAKERS</b>
6 <sup>TH</sup> July	Coping with the Pandemic : From the perspective of the parent and child	Nursery	9:30 am – 11:00 am	Parents	R.Roy S.GuhaRayDatta
8 <sup>th</sup> July	Mental wellbeing including stress management, Dealing with relationships with emphasis on effective communication and Motivating oneself & developing adversity quotient	XII	12:15 am – 1:15 pm	Students	R.Das R.Roy S.GuhaRayDatta
10 <sup>th</sup> July	Mental wellbeing including stress management, Dealing with relationships with emphasis on effective communication and Motivating oneself & developing adversity quotient	XI	12:15 am – 1:15 pm	Students	R.Das R.Roy S.GuhaRayDatta
13 <sup>th</sup> July	Coping with the Pandemic : From the perspective of the parent and child	KG	9:35 am – 10:55 am	Parents	R.Roy S.GuhaRayDatta
15 <sup>th</sup> July	Mental wellbeing including stress management, Dealing with relationships with emphasis on effective communication and Motivating oneself & developing adversity quotient	X	12:15 am – 1:15 pm	Students	R.Das R.Roy S.GuhaRayDatta

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17 <sup>TH</sup> July	Mental wellbeing including stress management, Dealing with relationships with emphasis on effective communication and Motivating oneself & developing adversity quotient	IX	12:15 am – 1:15 pm	Students	R.Das R.Roy S.GuhaRayDatta
20 <sup>th</sup> July	Coping with the Pandemic : From the perspective of the parent and child	I	10:25 am –11:45am	Parents	R.Roy S.GuhaRayDatta
22 <sup>nd</sup> July	Coping with the Pandemic : From the perspective of the parent and child	II	10:25am – 11:45am	Parents	R.Roy S.GuhaRayDatta
24 <sup>th</sup> July	Mental wellbeing including stress management, Dealing with relationships with emphasis on effective communication and Motivating oneself & developing adversity quotient	VIII	12:15 am – 1:15 pm	Students	R.Das R.Roy S.GuhaRayDatta
27 <sup>th</sup> July	Coping with the Pandemic : From the perspective of the parent and child	III	10:25am – 11:45am	Parents	R.Roy S.GuhaRayDatta

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29 <sup>th</sup> July	Managing emotions and Dealing with adversities of life	IV	11:15am – 12:35pm	Students	R.Roy S.GuhaRayDatta
5 <sup>th</sup> August	Mental wellbeing including stress management, Dealing with relationships with emphasis on effective communication and Motivating oneself & developing adversity quotient	VI	12:15 am – 1:15 pm	Students	R.Das R.Roy S.GuhaRayDatta
6 <sup>th</sup> August	Mental wellbeing including stress management, Dealing with relationships with emphasis on effective communication and Motivating oneself & developing adversity quotient	VII	12:15 am – 1:15 pm	Students	R.Das R.Roy S.GuhaRayDatta
7 <sup>th</sup> August	Managing emotions and Dealing with adversities of life	V	11:15 am –12:35pm	Students	R.Roy S.GuhaRayDatta