

# Vignettes 2024 - 25





Peace



Front Cover & Inside Cover - Sneha Saha (IX D)

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## **SUSHILA BIRLA GIRLS' SCHOOL**



#### **Our Vision**

To engineer social change through the empowerment of the girl child.

#### **Our Mission**

To motivate and empower students so that they can become ethical and responsible leaders who contribute productively to society.

#### **History of the School**

- Established in the memory of late Smt. Sushila Devi Birla, mother of Shri Sudarshan Kumar Birla, in the year 1994.
- NABET Accredited School (National Accreditation Board for Education and Training).
- Empowers girls through quality education, developing their natural abilities and fostering a sense of independence and responsibility.
- The school celebrated its Silver Jubilee in 2019, a major landmark event.



# FROM THE EDITOR'S DESK

Peace - an idea some people spend a lifetime chasing, some living in it without realising it, some dismissing the very thought as a Panglossian joke. As a child, peace was abundant; as an adult, it will probably be sibylline. As a seventeen-year-old, dealing with numerous situations both actual and imagined and often feeling overwhelmed by it all, I have often wondered what peace means to me.

My concept of peace was built upon a Dutch proverb I read in an excerpt of Lex Mercatoria, a Medieval document on commercial law- 'Leuen ende laeten leuven', which translates to 'Live and let live'. Being an adolescent, emerging out of pointless umbrage into an unforgiving reality, facing a shift

or even a loss of identity- I imagined peace as a transaction, a barter. Nations arm themselves with weapons built to demolish and exchange warnings disguised as agreements. Communities part ways, expecting the separation to usher in peace. Blandished by parents' expensive gifts, children eat their meals and throw no tantrums. Believers bribe God with a new vow each day, hoping to be rewarded with peace.

However, I was wrong. Peace is not bought and sold- it is a need, as well as a resource that resides in every human being. Everybody needs it- and each has the capacity to share it with the other. A mother embracing her son who returned alive from a battlefield, talking to your lover after an exhausting day, having your dog leap into your arms when you return home at night- all these constitute peace. Sometimes, it is the very existence of someone, or something, that brings you peace. That steaming mug of coffee in winter, running into a friend at the grocery store, a new novel waiting on the bookshelf, those first few rays of sunlight waking you up on a Saturday. Even the most chronic pessimists indubitably experience true peace in these fleeting moments. So, peace is real. It exists. Then why is it that we are on an aeonian quest for peace, which is almost always fruitless? How do we manage to possess every luxury we could desire, yet feel envious of homeless children playing in the rain? We have to remember to truly realise and savour the peace we have, count our blessings and find a way to carve out a peaceful niche for ourselves, even in the midst of apparent despondence.

However, if this solution is proffered with regard to world peace rather than one's own, people will raise their eyebrows. They will give me a patronising smile and walk away, scorning the foolishness of youthful optimism. This leads me to ask- is world peace indeed a utopian idea? Is it something beyond the reach of man, given the current egregious predicament of the human race? Perhaps not. Infact, while faith in mankind's goodness wanes with each passing day, it is also simultaneously restored. On one hand, we see children starved and bombed into submission; on the other, we see people unremittingly working to rescue them from war-torn areas. On one hand, we see women brutally assaulted and murdered; on the other, we see schoolchildren abstaining from celebrating their beloved festivals as a silent protest. What does this suggest? Both Good and Evil evenly combine to form the grey that is humankind and that is but the way Nature intended it to be. However, this is a tenderly balanced scale. A slight lean towards either side- and havoc shall ensue. So, I suppose this entire circumlocution you have read boils down to this-while it is often impossible to make criminals, murderers and corrupt leaders change, what we can do is oppose those who usher in Evil, fight for and protect the peace which we seek- protect it for ourselves, our fellow humans and the generations to come. What we must do is prevent Evil from usurping all of humankind- a fear which looms large over all of us now.

Today, I fear, the scales are tipping towards Evil. Today, God fears His own creation- He is but a mute spectator to the great debacle of mankind. Be it out of sheer desperation, undue influence or by will- every man is slowly becoming guilty of moral turpitude. As the scale tips further with every passing second, the question echoes- who will restore the balance?

Will we?

Aishee Majumder Editor-in-Chief

## **EDITORIAL BOARD**



#### Editor-in-Chief: Aishee Majumder (XII H)

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Twisha Agarwal (XI C2)

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## **JUNIOR COUNCIL**



(from left to right)

#### Chalukyas:

Representative- Tvisha Shah (VC) Prefect- Khanak Mittal (VA)

#### **Kushans:**

Representative- Aanya Gupta (VD) Prefect- Vani Tibrewal (VB)

#### Mauryas:

Representative- Sarthika Neogi (VD) Prefect- Aashi Bhatera (VA)

#### Pallavas:

Representative- Aabheri Bhattacharjee (VB) Prefect- Harshika Kochar (VD)

## **SENIOR COUNCIL**



#### (from left to right)

#### First row (sitting):

Mihika Saraf (Chalukya House Captain), Aakriti Bagri (Maurya House Captain), Laksshha Khanna (Deputy Head Girl), Manvi Jain (Head Girl), Medhaavee Agarwal (School Captain), Ashmi Saraf (Kushan House Captain), Yashvi Jalan (Pallava House Captain)

#### Middle Row (standing):

Chalukyas: Laavya Lohia (Vice Captain), Bhavya Mehta (Prefect) Mauryas: Divyanshi Agarwal (Vice Captain), Varnika Rungta (Prefect) Kushans: Riddhi Yadav (Vice Captain), Harshika Nahar (Prefect) Pallavas: Rishika Agarwal (Vice Captain), Devanshi Das (Prefect)

#### Last Row (standing):

Class Prefects: Siya Arora (XII H), Saanvi Rungta (XII C1), Jhanvie Dujari (XII C2), Bhavya Goenka (XII S1), Srisha Saha (XII S2)

# (Message





## CHAIRMAN VIDYA MANDIR SOCIETY

Mr. S. K. Birla

Education is multifaceted, shaping both individuals and society in profound ways. It strengthens communities and enhances the quality of life by equipping individuals with knowledge and critical thinking skills. Beyond academics, education builds character by instilling values such as honesty, discipline, empathy, respect and a sense of responsibility. It fosters personal growth and paves the path to self- discovery. It prepares individuals to understand the world around them, become responsible citizens, promote social harmony and preserve history and tradition. Furthermore, quality education equips individuals with the essential skills needed for employment and innovation, driving scientific progress and economic growth. In doing so, it creates the foundation for a more equitable and sustainable future. Quality education empowers individuals to cope with challenges and build inclusive societies. It serves as a guiding force ensuring progress and resilience of the human race. True education enriches not just the intellect but also the heart. While academic learning sharpens the mind, value-based education uplifts the soul.

The theme of Peace is both timely and meaningful as peace fosters a sense of responsibility towards others and the environment. The thoughtful reflections of students, along with captivating artworks, have brought this edition of the magazine to life, making it a source of hope and inspiration. The essence of peace-an enduring lesson that educates and leaves a lasting impression on every reader-has been beautifully captured in the pages of this edition of Vignettes.

Sd. S. K. Birla





# PRESIDENT VIDYA MANDIR SOCIETY

Mrs. Sumangala Birla

The rapid advancements in modern technology and the relentless pressure to keep up with societal expectations have made life more stressful than ever. While these challenges affect everyone, students face a unique struggle—balancing academics, extracurricular activities and personal growth. The pressure to excel in school, maintain friendships and plan for the future can be overwhelming. This constant juggling act often leads to stress, anxiety and burnout. In such a demanding environment, peace is not a luxury but a necessity.

Within the school community, we have the privilege of fostering an environment where peace can thrive. It is reflected in the respect we show one another, the spirit of collaboration that unites us and the ways in which we extend support to those in need. True peace is not passive—it calls for active participation. Whether through community service, offering help or acting with empathy, everyone plays a role in cultivating it. The theme of Peace in this edition of our school magazine, Vignettes, reminds us that it is not an abstract idea but something we can nurture daily. It grants us the mental and emotional clarity needed to navigate challenges, make thoughtful choices and stay focused. By fostering inner tranquillity, students can manage stress more effectively and build resilience.

As we journey through the challenges of life, let us remember that peace starts with our thoughts, words and actions. We must first nurture it within ourselves before sharing it with others. May this magazine inspire all of us to seek and cultivate peace in our own lives and extend its warmth to those around us. A calm and healthy mind leads to better academic performance, stronger relationships and overall well-being.

Sd. S. Birla





# SECRETARY GENERAL VIDYA MANDIR SOCIETY

Major General V N Chaturvedi (Retd.)

Peace is the bedrock of progress and the foundation of a harmonious society. It is not a passive state but an active force that requires effort, discipline and a clear vision. Peace is the triumph of positivity over divisiveness, courage over fear and hope over despair. It begins within, nurtured by values of respect, compassion, understanding and unity. Peace ignites dreams, fuels determination and paves the way for a society where every individual can thrive.

Education and peace are complementary to each other. When students are encouraged to go beyond academic excellence and embrace empathy, respect and collaboration, the seeds of a more harmonious future are sown. Knowledge alone is insufficient; it must be paired with character development and the wisdom to avoid conflicts. By fostering these values, we shape future leaders-leaders who build bridges, inspire change and serve as ambassadors of peace. Lasting peace is forged through education, creating a brighter and more unified world for all.

My best wishes to the Principal, her dedicated team of teachers and students as they cultivate a culture of peace and harmony through their thought-provoking writings and artworks in this edition of Vignettes.

Sd. Major General V N Chaturvedi (Retd.)







## DIRECTOR SUSHILA BIRLA GIRLS' SCHOOL

Ms. Sharmila Bose

Vignettes, our annual school magazine, is a testament to our steadfast commitment to nurturing the young minds we have been entrusted with. Beyond merely recording events, it embodies our efforts in providing a holistic education which facilitates character development, critical thinking and creativity.

The theme for this year's edition is 'Peace'. Peace is the foundation of a thriving world, a bridge that connects hearts and cultures. It is more than the absence of conflict; it is the presence of understanding, compassion and unity. In today's fast-paced world marked by complexity, seeking peace is akin to discovering a pearl in an oyster.

Vignettes, in its exploration of the theme of Peace, creates ripples of hope for the young readers. Peace is not a fleeting state; it is a profound and deliberate choice reflected in our words, actions and intentions. It flourishes in the embrace of empathy where understanding replaces prejudice and dialogues resolve discord.

We hope that the insightful articles in this edition of Vignettes will empower the readers to successfully navigate the challenges presented by life. As they immerse themselves in the pages of this magazine, they will discover the transformative power of peace which can usher in a brighter and more peaceful world.

Sd. Sharmila Bose





# PRINCIPAL SUSHILA BIRLA GIRLS' SCHOOL

Ms. Koeli Dey

Welcome to another edition of our school magazine, Vignettes, a platform where we celebrate the glories of our academic journey and the myriad experiences that shape our community. This year we are exploring the enriching value of peace embedded deep within the collective psyche of all members of our school.

Promoting the idea of peace while imparting education, fosters empathy, tolerance and decision-making skills. It creates a harmonious and inclusive learning environment where students are empowered to become responsible global citizens and visionary leaders.

With the proliferation of mindless acts of destruction, the world has become a very violent place. Promotion of peace is paramount for the survival of the human race. The social and emotional development of children is crucial for their success in life. When children are empowered to communicate their feelings appropriately, they develop healthy relationships with their peers and elders. They become better equipped to resolve conflicts peacefully.

A peaceful mind helps in building resilience, enabling one to navigate the challenges of life with clarity and composure. It promotes a culture of empathy and mutual respect, fostering deeper connections with others. This helps in building bridges of understanding, breaking down walls of mistrust and division.

Empowering the girl child entails providing a peaceful and safe society for her to ensure a holistic development. We too, like Maria Montessori, believe that by raising generations of children who embrace peaceful living, we contribute to future world peace.

Sd. Koeli Dey





## HEADMISTRESS SUSHILA BIRLA GIRLS' SCHOOL

Ms. Vidisha Panja

Educating young minds is one of the most transformative ways to build a peaceful and compassionate society. At Sushila Birla Girls' School, we take great pride in upholding the vision of 'Empowering the Girl Child,' as we believe that through education, every girl can become a torchbearer of peace. When a child receives education, she gains the confidence, knowledge and critical thinking skills needed to make informed choices, pursue her dreams and uplift her community. Educated individuals contribute positively to families, workplaces and nations, helping create a ripple effect of peace, stability and progress.

As Elizabeth Warren said, "A good education is a foundation for a better future." Our belief in this idea is unwavering. Considering the rich diversity in terms of religion, culture, language and customs, peace and tolerance are fundamental to fostering unity in diversity. These values enable us to live together with mutual respect and understanding. In a world facing global challenges, from social inequality to environmental crises-it is more crucial than ever to recognise our interconnectedness and the importance of working together for the common good. As the young leaders of tomorrow, I urge each student to carry forward the values of peace, empathy and respect that we instil in them.

Since its inception, Sushila Birla Girls' School has proudly served as a pillar of peace within the community, going beyond academics to nurture values of unity and service. Our students have participated in numerous initiatives, from community outreach programmes to awareness campaigns, each reflecting our unyielding commitment to promoting harmony through education. It is an honour to witness how our students, teachers and alumni continually contribute to society, setting exemplary standards of courage, kindness and peace. May 'Vignettes' serve as a reminder of the lasting impact that education has on fostering peace and inspire each of us to continue building a brighter and more harmonious world.

Sd. Vidisha Panja



As the pages of another memorable academic year turn, we are delighted to present the Annual Report for 2024-25-a vibrant tapestry of moments that defined our journey. From milestones achieved to dreams nurtured, this report captures the spirit, growth and collective heartbeat of our school community.



#### NABET

Our unwavering commitment to quality education and continuous improvement has been reaffirmed by the recent NABET assessment which was conducted by two assessors from Delhi on September 10th and 11th. We are proud to share that the Quality Control of India report reflects an improved score, elevating our school to the prestigious category of an 'Achiever's School'.

#### ACADEMICS

In alignment with the National Education Policy (NEP) 2020 and the revised pedagogical structure, we have introduced Upper KG as part of the foundational stage, reinforcing a strong early childhood education framework for holistic development. Another significant milestone this year was the introduction of Lower Nursery, welcoming students aged 2 and above.

Several AI tools are being used in school to ensure that classroom transactions become interesting and this year more than 20% of lesson plans across all classes have been integrated with AI.

Using Coding through Breshna.com, a group of Class IX and X students created almost 50 digital games on academic subjects and values which are now being used in the Primary classes.

From this session, we have introduced a new report card format called the Holistic Progress Card (HPC) for students from Lower Nursery to Class II. This change is in keeping with the recommendations of NEP 2020 and eventually all the classes will follow this new format.

#### **OLYMPIADS**

A large number of students from Classes I-XII participated in various National and International Olympiads and were recognized for their efforts. Dia Bothra of Class IX secured International Rank 2 and National Rank 1 in the SOF International English Olympiad, winning a cash prize of ₹25,000. Archisha Jain of Class III secured International Rank 1 and was awarded the Gold Medal of Distinction in the SOF International Mathematics Olympiad.

#### SPELL BEE

At the national level, Teekhnadhee Mandal of Class I won 1st place in Bangla, Shatakshi Banerjee of Class IX secured 2nd place and Sampreeti Roy of Class VI came 5th. In Hindi, Kavya Shyamsukha of Class X secured the 3rd place and Naysa Arora of Class II was ranked 8th.

#### **LOGIQIDS**

589 students from UKG to IX qualified for the final round in the LogIQids International Mental Aptitude Olympiad and the skill-wise performance analysis shows that students have performed well, with most scores falling in the "Outstanding" or "Above Average" categories. The school's overall average indicates a high level of competence across all skills.

#### LITERACY PLANET AND FINLIT

For the past few years, our management has supported two educational initiatives, FINLIT- a financial awareness programme led by IFEA Chennai for Classes IV to VI and Literacy Planet which is a language enrichment tool for Classes I to VII.

#### SCIENCE FIESTA

Science Fiesta, a vibrant celebration of scientific inquiry and creativity, took place on September 24th and 25th, catering to students from Classes II to XII.

#### MEDICAL CHECK UP

The Management had organized a medical check-up of all students, teachers and staff members in collaboration with Desun Hospital.

#### FIRE DRILL

Fire drills were carried out successfully twice in the year.

#### BOARD EXAMINATIONS

For any educational institution the Board results are an affirmation of the dedication and sincerity shown by the students and teachers.

Results of AISSE and AISSCE – 24 were published on 13th May.

111 students had appeared for AISSE-24 (Class X) and all of them secured 60% and above. The overall mean was 87.44. Yashwini Nandy was the school topper with 98.40%. There were 5 perfect 100s.

162 students appeared for AISSCE 2024 (Class XII) and all of them secured 60% and above. The overall mean was 87.66. There were 32 perfect 100s in different subjects. The school topper was Vedisha Goyal with 99%

The high achievers of AISSCE were felicitated in Vidya Mandir auditorium on 15th August where the Secretary General, Major General V.N.Chaturvedi handed over a gold coin embedded in a silver medallion to them. The school alumni also felicitated these awardees.

Other than this the Education Department, Government of West Bengal, Taaza TV, Prabhat Khabar, Sanmarg Hindi daily newspaper and The Times of India also recognised our high achievers.

#### CBSE ACTIVITIES

The school actively participated in various CBSE initiatives. CBSE organised SAFAL or Structured Assessment for Analyzing Learning and our school was a part of this pilot project. Students of Class VIII (present Class IX) and Class V (present Class VI) undertook the online assessment conducted in the months of July and August.

#### VIRTUAL NEWSLETTER

Our newsletter, SBGS PULSE, was released each quarter on the school website.

#### AWARDS AND ACCOLADES

Several accolades were received by our school across academics, sports, cultural activities and individual achievements.

At the Times Now Education Summit Awards Sushila Birla Girls' School was awarded the Best Girls' School in Central Kolkata. SBGS was awarded a Certificate of Recognition for 'Schools that Shape the Future' Education Today ranked our school 1st in Kolkata and West Bengal while Education World ranked us third. The Telegraph School Awards for Excellence 2024 awarded the school Certificate of Honour for Excellence in Academics (CBSE), Social Service and Extra Curricular Activities. Students also won individual awards.

We were also awarded the prestigious Educational Excellence Award 2024, in the 20th edition of World School Summit at Dubai. Other than this we were recognised as the 'Most Techno-Savvy School of 2024' 'Most Socially Active School of 2024'. Our school actively participated in various CBSE competitions and achieved commendable results.

InnoVenture Challenge 2024 is a National Level Ideation and Entrepreneurship Challenge organized by Intelligence Plus for students from Classes IV to IX. Dia Bothra and Adya-Shakti Dalmia from Class IX secured the 1st and 2nd positions, respectively, at the state level while Khanak Mittal of Class V received a Gold Medal for National Excellence.

The school team was placed 3rd out of 124 schools in The Policy Research Studies Inter School Student Parliament competition at New Delhi.

In the 25th L. N. Birla Memorial Debate, organized by Birla High School, Aishee Majumdar was adjudged the runner-up speaker and the school was declared the Best Team.

The school team comprising 3 students (IV and V) secured the Second Runner-Up position at the Inter-school Spellympics 24 organised by Birla High School, Mukundapur. Teachers along with two students Radhika Jain and Sanvi Gupta of Class VIII mentored the team.

#### PRINCIPAL'S AWARD

As the head of the institution, the Principal received awards from various organisations.

#### TEACHERS' AWARDS

On September 7th, Teachers' Day was celebrated at Park Hotel where Prof. Rudrangshu Mukherjee, historian, author and former Chancellor of Ashoka University, was the Chief Guest. Eleven of our teachers received awards in different categories.

Other organizations too recognised our teachers for their creditable performance.

#### WORKSHOPS AND WEBINARS

Continuous professional development sessions were conducted for our teachers by CBSE, professional organizations and even by our in-house faculty. To mention a few.

- Mrs. Vidisha Panja, attended the Educational Retreat, organized by Education World from May 9th to 11th at Pinegrove School, Dharampur, and The Lawrence School, Sanawar.
- Mrs. Nabanita Sen participated in a conference on 'Future-Proofing Education: Navigating School Safety, Student Success, and Brand Resilience', organized by Education World in Varanasi from 21st-23rd December.
- Ms. Sharmila Bose, attended an AI Practitioner Workshop conducted by Google and Adobe on 13th and 14th December in New Delhi during the FICCI-supported ARISE School Education Conference.

- On 17th August, a Capacity Building Programme (CBP) workshop titled 'Happy Classroom' a CBSE initiative, was hosted by our school to promote a joyful and positive learning environment. 52 teachers from various CBSE schools attended this.
- On February 22nd, the Annual Staff Development programme was held at Vedic Village, where Mr. Halley Goswami conducted a session titled "The Inner I and Its Impact on Education."
- All teachers compulsorily have undergone 50 hours of training through CBSE and other organisations. Several in house training sessions were also conducted throughout the year.

#### WORKSHOPS AND WEBINARS FOR STUDENTS

Webinars and workshops are an effective way for students to enrich their learning experience. The workshops for the students included- use of Drones as a career, Vedic Mathematics, Happy Curriculum, Space Odyssey on the beauty and mysteries of the universe and a Cyber Security by Dr.Rakshit Tandon. He also conducted one for all the faculty members.

A diverse range of internship programmes and a few summer camps, involving more than 15 organisations, were offered to more than 120 senior school students. Some of the organisations we tied up with are Khaitan and Company, Primarc, Disha Foundation, Belleview, Project Life Force, Times NIE, IIHM.

#### WEBINARS FOR PARENTS

Multiple sessions for the parents were conducted as well.

Our school counsellors have conducted a series of parenting sessions covering topics such as 'Basics of Parenting', Effective Parenting and – 'Role of Discipline in Positive Parenting' tailored to parents of Lower Nursery to Class V.

Sessions entitled 'Sipping, Sharing, Parenting' were conducted with small groups of parents of Classes III-V where all of us actually shared our parenting woes and joys over a cup of coffee.

#### FIELD TRIPS

Fields trips are an excellent way to promote experiential learning. Several field trips like the ones to the BITM, Reserve Bank of India, Indian Museum, Alipore Jail Museum, Victoria Memorial, Netaji Bhavan were organised for the students throughout the year.

Over and above this they travelled all around the globe virtually and acquired knowledge. A group of 113 Class V students, along with their teachers embarked on an enriching three-day trip to Shantiniketan. They explored a Santhal village, immersed themselves in the local culture and applied their financial literacy skills.

28 students from Classes VII,VIII, IX travelled to Okhrey Hilley Barse, as a part of the IAYP programme, 66 from VI, VII and VIII to Delhi and Wild Camp Dhauj near Aravalli Hills and 30 students from XI-XII to Nepal. These excursions teach the young generation life skills required to build self-esteem, emotional intelligence, resilience and adaptability.

On 22nd January, students of Classes VI-IX and XI went for an educational excursion to Green Valley Resort.

#### EXCHANGE / COLLABORATION PROGRAMMES

Our vision is to empower the girl child and we find that our exchange programmes contribute greatly to the process of empowerment.

Three in-person exchange programmes were conducted this year, two within India which were with Birla Balika Vidyapeeth, Pilani and Patha Bhavana, Shantiniketan. The other was an international exchange with Ogawa High School in Japan.

Our students from Classes III to V were involved in a virtual exchange project for International Day of Peace with schools in Colombia, Malaysia and Morocco.

Students from Classes III to XI participated in RiseUp4Peace, a global initiative by United Nations, which culminated in a workshop attended by 80 educators and this was conducted by Mr. Samarth Pathak (UNODC) and Dr. Satya Bhushan (NCERT).

#### CAREER COUNSELLING

Career counselling, career assessments, career exploration activities, field trips and sessions by guest speakers all help senior students make informed career choices. On 9th July a University Fair was organized in the school premises in which 118 universities, from within the country and abroad participated.

The management also sponsored the Career Counselling Sessions for Class X students which were conducted by High School Moms.

#### STUDENT COUNCIL ELECTION

Our school has always aimed at creating leaders of tomorrow.

Our elected Student Council members received their badges at the Investiture Ceremony on 9th February.

#### SOCIAL RESPONSIBILITY

Developing empathy, compassion and building social responsibility will only foster personal growth and so students are regularly reminded to spare a thought for those who are less fortunate.

Students, parents, teachers, alumni members wholeheartedly participated in Daan Utsav.

Teachers and students visited 85 families in Jhiling Serang and Silingda, two villages and an orphanage Sidhu Kanho with 45 children in Purulia to distribute warm clothes, groceries, stationery, sanitary towels, medical kits, etc.

A few students from Classes V, XI and XII along with their teachers and parents went to an NGO- 'A Little Contribution' that conducts a drive named "pujor notun jama" each year. Students donated new sets of clothes, to the underprivileged children in Beleghata and Salt Lake area.

We also donated 204 new sets of clothes to children residing in the remote villages of the Sundarbans in association with SHER, a Kolkata-based NGO.

On August 20th, our students of Class IV spent a meaningful day with 10 underprivileged children from Smile Makers, an NGO run by dedicated college students.

#### BLOOD DONATION

Members of Sneh, in association with Project Life Force, organized a Blood Donation Camp where 60 people donated blood.

#### **SMAYAN**

Smayan 2024, a fest for children with special needs was organised on 30th November and 3rd December. 198 students from 12 institutions were a part of this unique fest where The Oral School for Deaf Children emerged as the overall winner.

#### SUSHILA BIRLA MEMORIAL DAY

Several engaging workshops were conducted for students in preparation for Sushila Birla Memorial Day. Celebrated on October 4th, the event featured around 250 students from Classes III to IX and XI who presented 'Montage,' which showcased Bengal's cultural brilliance.

#### SDG EXHIBITION

On March 8, our school held an exhibition featuring students from Classes III to V, showcasing year-long activities focused on raising awareness about UN Sustainable Development Goals.

#### SPORTS

Annual Sports Day was organized on 20th December, at Gitanjali Stadium. Chalukya House won the Champion's Trophy as well as the March Past Trophy.

Last year, we launched two unique initiatives-Class V students curating the menu for Primary Section and the Cleanliness Drive. We are continuing with both initiatives with the same enthusiasm and commitment.

#### BULBULS

On 1st March, our school hosted an enjoyable and educational Bulbul Day Camp.

#### CO-CURRICULAR EVENTS

Convergence, the senior school's biennial inter school Fest was held on 13th and 16th July. As a school we participated but did not compete focusing on the value of experience and on the fact that coming first is not the only thing that matters.

A multilingual literary fest in English, Bengali, Hindi, French, German and Sanskrit saw enthusiastic participation from students.

On 14th November, 228 ex-students signed up for an Alumni meet -Back to School. The school has introduced an exciting new physical activity, Lawn Tennis, fully sponsored and supported by the management. The students of the pre-primary showcased their talent through a series of stage performances. Throughout the year our students participated in various intra class, inter house and inter-school competitions. They took part in a number of fests with a lot of enthusiasm and won several accolades.

Our students celebrated special days, birth anniversaries and festivals. Like every year special assemblies were also conducted. We are excited to share that our school is undergoing a major facelift! Over the next few years, extensive revamping, involving the Senior School Library, Administrative Block and other key areas, will transform our campus into a more modern and dynamic learning space. We appreciate your support and will keep you updated on the progress.

As we continue our journey towards excellence, I am delighted to share an important announcement regarding the leadership team of our school. Mrs. Nabanita Sen who was the Outreach Coordinator has now taken on the role of the Headmistress.

Additionally, Mrs. Vidisha Panja, who was the Headmistress earlier, is our new Dean-Academics. She will be functioning in a capacity similar to that of a Vice Principal and assisting the Principal in all administrative and academic matters.

Furthermore, we urge all parents to register for ENACH, our new digital fee payment system, to ensure a seamless and hassle-free experience. This initiative will not only simplify transactions but also contribute to the efficient functioning of the school.

We would like to conclude this Annual Report by expressing our deepest gratitude to all those who made the academic year 2024–25 so memorable. On behalf of the students and teachers, we extend heartfelt thanks to our Management for their constant support and visionary guidance. To our parents-your trust and encouragement have been invaluable. A special thank you to our dear students-you are the heart and soul of our school, and we wish you continued success and happiness. We also acknowledge the unwavering dedication of our teachers, office staff, and support staff, whose commitment has been the backbone of our achievements. Lastly, we offer our sincere appreciation to our retiring members-for your years of service and contribution, we remain ever grateful.









#### NATIONAL SCHOOL AWARDS

Sushila Birla Girls' School achieved a remarkable milestone by receiving prestigious awards in two categories - 'Most Techno-Savvy School of 2024' and 'Most Socially Active School of 2024' - at the esteemed National School Awards Ceremony held at the Royal Orchid Resort and Convention Centre in Bangalore on 23rd June 2024. This notable recognition highlights the school's commitment to embracing innovative technology and fostering a socially conscious community.

#### RAM AVTAR GUPTA HINDI PROTSAHAN AWARDS 2024

Sushila Birla Girls' School received the 'Shreshth Vidyalaya Puraskar' based on novel methodologies the school had adopted for the teaching of Hindi and initiatives undertaken to organise extracurricular activities in the subject.





#### TELEGRAPH SCHOOL AWARDS

At the Telegraph School Awards for Excellence 2024, held on 10th August, Sushila Birla Girls' School emerged as a beacon of excellence, securing multiple accolades. The school earned certificates for Excellence in Academics, Social Service and Extracurricular Activities. Several students were recognised for all-round excellence and outstanding talent in sports.



#### TIMES SCHOOL RANKINGS

On 10th September 2024, Sushila Birla Girls' School achieved a remarkable milestone by securing the coveted first position among CBSE schools in Central Kolkata for its outstanding performance in 'The Times School Ranking', solidifying its reputation in academic and holistic achievement.





#### EDUCATION WORLD INDIA SCHOOL RANKINGS

On 18th October 2024, Sushila Birla Girls' School was honoured with the Education World India School Rankings 2024-25 award in the Girls' Day Schools category at a prestigious ceremony held at The Leela Ambience Gurgaon Hotel & Residences. The school proudly secured the 3rd position in West Bengal and the same in Kolkata, a remarkable achievement that reflects its unwavering commitment to educational excellence. Headmistress Ms. V. Panja represented the school and graciously received the awards on behalf of the institution. These rankings highlight the school's dedication to fostering holistic development and academic brilliance, as acknowledged in the EWISR 2024-25.

#### WORLD SCHOOL SUMMIT

On 19th October 2024, Sushila Birla Girls' School was honoured with the Educational Excellence Award 2024 at the 20th edition of the World School Summit in Dubai. The school received this prestigious recognition for its outstanding commitment to fostering a holistic learning environment, promoting global citizenship and implementing innovative teaching practices that cater to the needs of a dynamic world. Ms. K. Dey, Principal, represented the school and proudly accepted the award, marking another milestone in the school's journey towards excellence.







#### CERTIFICATE OF EXCELLENCE

Sushila Birla Girls' School has been awarded the prestigious Certificate of Excellence for being the Premier Girls' School of Central Kolkata and West Bengal. This recognition was presented by 'The Times Group' on 15th November 2024.

The award was proudly received by our Headmistress, Ms. V. Panja, acknowledging the school's outstanding contributions to education and its commitment to nurturing excellence.

#### BEYOND THE EDIFICE OF LEARNING

On 22nd January 2025, at an event hosted by the Times Group at Taj Vivanta, Sushila Birla Girls' School was honoured with the prestigious Certificate of Recognition for "Schools that Shape the Future" which was received by Ms. K. Dey, Principal and Maj Gen V.N. Chaturvedi, Secretary General of the Vidya Mandir Society.

This recognition was bestowed upon the school for its outstanding contribution to shaping young minds, fostering academic excellence and empowering students to become future-ready citizens.





#### **GURUKUL AWARDS**

On 24th January 2025, Sushila Birla Girls' School was honoured with the Best Co-Curricular Activities Award under the aegis of Gurukul Awards at Lions Children Corner, Deshapriya Park, Kolkata.

The award recognized the school's dedication to the holistic development of students through a wide range of co-curricular activities, fostering creativity, leadership and essential life skills.





#### EASTERN K-12 EXCELLENCE AWARDS

On 31st January 2025, Sushila Birla Girls' School was honoured with the Award for Holistic Education and Social Responsibility by the Eastern K12 Excellence Awards 2025. This prestigious recognition celebrates the school's commitment to fostering all-round development and promoting social responsibility, empowering students to grow as compassionate, well-rounded individuals.





#### JIS EDUCATION EXPO

On 8 June 2024, the meritorious students of Sushila Birla Girls' School were felicitated by JIS Group. The felicitation ceremony was held at Rotary Sadan where 10 toppers each from AISSE and AISSCE were awarded.

#### RAM AVTAR GUPTA HINDI PROTSAHAN AWARDS

On 9th June 2024, Ram Avtar Gupta Hindi Protsahan Awards 2024 was organised by Sanmarg, the Hindi daily at G. D. Birla Sabhagar. The students who scored a high percentage in Hindi in AISSCE 2024 were felicitated. An Inter-school Hindi competition was also organised for the students of Class XI (2023-24) where Prachi Shah secured the second position.





#### GURU SAMMAN AND PRATIBHA SAMMAN

Sushila Birla Girls' School has consistently demonstrated excellence through various prestigious awards and achievements. On 6th July 2024, at the National Library, the high achievers of the school were honoured by 'Prabhat Khabar' with the Pratibha Samman while Principal Ms. K. Dey received the Guru Samman.







#### L.N. BIRLA DEBATE

On 10th July 2024, the 25th L. N. Birla Memorial Invitational Debate was conducted by Birla High School, Moira Street at the Vidya Mandir Auditorium. Eight schools participated in this reputed debate. The session was chaired by eminent physician and debater Dr Kunal Sarkar who kept the audience enthralled with snippets of wisdom. The participants of Sushila Birla Girls' School surpassed everybody by acquiring two impressive positions. Aishee Majumder bagged the Runner-up Speaker Trophy. The team comprising Aishee Majumder and Laksshha Khanna, with Pritha Bhojnagarwala as a Q Panelist, won everybody's heart by securing the position of the Best Team.

## FELICITATION OF THE HIGH ACHIEVERS OF AISSCE

On 15th August 2024, the Felicitation Ceremony for the high achievers of AISSCE 2023- 24 was held at the Vidya Mandir Auditorium. The programme was graced by dignitaries, teachers, parents and students. Five meritorious students from Sushila Birla Girls' School were awarded by Vidya Mandir Society with a medal and a certificate each for their exemplary performance. Vedisha Goyal and Vasundhara Bagri, the school toppers from the Commerce stream, Pari Tibrewal, the school topper from the Science stream, Sheetoshna Pattnaik, the school topper from the Humanities stream and Saanvi Jain for Overall Excellence were the awardees for the day. The Alumni Association of the school also presented the students with a gift voucher each in recognition of their brilliant results.





#### SARASWATIR SERA SCHOOL COMPETITION

Sushila Birla Girls' School took part in the 19th edition of the Saraswatir Sera School competition organised by the esteemed daily, Sangbad Pratidin. Anjika Saha, a student of Class VIII, took part in the event 'Khude Sangbadik' (Junior Bengali Reporter) and was selected among the top 10 young reporters of the city. Students from several premier institutions of Kolkata participated in the competition. She received a trophy on 14th February, 2025 at ICCR from the renowned author, Nrisingha Prasad Bhaduri and the Deputy Director of JIS Group, Mr. Bidyut Majumder. The prize distribution ceremony was televised on the TV9 Bangla news channel and published in Sangbad Pratidin.

#### **IIHM TEACHERS' DAY AWARDS**

IIHM Teachers' Day Awards is a unique initiative by the International Institute of Hotel Management. This year again, in association with International Hospitality Council (IHC) London, there was a celebration of the work of the nation's teachers and educationists who have made sure that the flame of knowledge carries on despite all the challenges.

The 9th Edition of IIHM Teachers' Day Awards for 2024 was celebrated on 7th September. Ms. Joyeta Saha and Ms. Sanchaita Bhuin of Sushila Birla Girls' School received awards commemorating their tireless service of shaping young minds.





## TIMES EDUCATIONAL EXCELLENCE AWARDS

On 19th June 2024, the Times Group honoured the Principal, Ms. K. Dey, for her incredible contribution in the field of Education. Sushila Birla Girls' School won the award for Best Girl's School of Central Kolkata.

## SWAMI VIVEKANANDA NATIONAL PRINCIPALS' AWARD

Ms. K. Dey was also awarded the Swami Vivekananda National Principals' Award on 27th July 2024, acknowledging her innovative leadership.





organised the Annual Sports Day at Gitanjali Stadium. The meet was declared open by the Chief Guest, Brigadier P. Sunil Kumar, SM, at present posted at HQ Eastern Command at Fort William. Brig P. Sunil Kumar has had an illustrious career, having been awarded Sena Medal for Gallantry, twice. The occasion was also graced by other dignitaries, guests, ex-teachers, parents and students.



The day began with the march past of the four houses, resplendent in their house colours. A plethora of races saw the competitive and sportsman spirit rule. The junior school children participated in novelty races, cheered on by their parents. No sports day is complete without the ex-students' race, parents' race and staff's race. The day drew to a close with the declaration of the much-awaited result with the Chalukya House winning the dual trophies for March Past and Sports.









DOLA & RAHUL BANERJEE ARCHERY ACADEMY (DRB)

# ARCHERY TOURNAMENT



Sushila Birla Girls' School participated in the 5th Inter-DRB Archery Tournament held on 5th and 6th October 2024. Five students from classes IV to VIII represented the school in this individual event. The competition was intense, with participants demonstrating excellent focus and precision in their performances. Each archer had to go through multiple rounds to qualify and our students showed great dedication and sportsmanship. The event provided them with valuable experience in competitive archery.



#### Results

Name

- 1. Stuti Surana (Class IV D)
- 2. Anushri Garani (Class V A)
- 3. Kshiraja Thakur (Class V A)
- 4. Anika Chamaria (Class VI B)
- 5. Aahana Tripathi (Class VIII C)

Result

3rd Place (Elimination round)

2nd Place (Recurve round & Elimination round)

3rd Place (Recurve round)

Participated (no place)

3rd Place (Indian round & Elimination round)





# CBSE BASKETBALL TOURNAMENT CLUSTER-II

Twelve students of Sushila Birla Girls' School participated in the CBSE Basketball Tournament Cluster - II organized by St. Xavier's High School, Barabati Stadium in Cuttack from 18th September to 21st September 2024.

The competition started with the Opening Ceremony on 19th September, where our students took part in the march past.

On 19th September, Team SBGS won their first match against Rabindra Vidya Niketan . SBGS got a walk over and reached the semi – final.

On 20th September, Team SBGS won the semi – final match against N. H. Goel school. On 21st September, Team SBGS played their final match bagging the runner-up position.







# CBSE FAR EAST ZONAL SKATING COMPETITION

The students of Sushila Birla Girls' School participated in the CBSE Far East Zone Inter-School Skating tournament held at Krishna Public School, Raipur from 13th September to 16th September 2024. Seven students from classes III to XI took part in the competition in different age groups viz. U-9, U-11, U-14, U-17.



Devyanshi Lakani (Class VII A) won Gold medal in 1000m and Bronze medal in One Lap Road Race in U-14 Quad category

Chahek Malpani (Class VIII B) won Gold medal in 1000m and Silver medal in One Lap Road Race in U-14 Inline category.

Drishti Malpani (Class XI S) won Silver medal in 300m and One Lap Road Race in U-17 Inline category.

The three winners qualified for CBSE National Skating championship 2024.







# TRACK EVENT

On 7 February 2025, four students of Sushila Birla Girls' School participated in the Inter School Invitational Relay for Junior School organized by Modern High School. The participants were:





1.Khushi Binani V C 2.Vainavi Dugar V D 3.Tvisha Shah V C 4.Falak Surana IV B

Our school secured the 3rd position.





# HALL OF FANE

# AISSE - 2024 (CLASS X) RESULTS

1st - 98.40%

2nd - 98.20%

3rd - 98.00%







School Mean 87.44

Students appeared - 111

No. of 1st divisioners - 111

90 % and above - 51

#### **SALIENT FEATURES**

- 1. Three girls scored 100% in Standard Mathematics in 2024.
- 2. One girl scored 100% in Science in 2024.
- 3. One girl scored 100% in Social Science in 2024.
- 4. The highest score of one of our students is 98.40% in 2024.

#### SUBJECT WISE HIGHEST MARKS

Subject	Highest Score
English Language & Literature	99
Hindi	96
Bengali	95
French	99
German	99
Standard Mathematics	100
Basic Mathematics	89
Science	100
Social Science	100
Home Science	94
Information Technology	89

# AISSCE - 2024 (CLASS XII) RESULTS

### TOP THREE IN SCHOOL







#### SCIENCE







#### COMMERCE







### HUMANITIES







School Mean 87.66

Students appeared - 162

No. of 1st divisioners - 162

90 % and above - 80

#### SALIENT FEATURES

- 1. Ten girls scored 100% in Business Studies in 2024.
- 2. Nine girls scored 100% in Financial Markets Management in 2024.
- 3. Four girls scored 100% in Psychology in 2024.
- 4. Two girls scored 100% in Entrepreneurship in 2024.
- 5. Two girls scored 100% in Accountancy in 2024.
- 6. Two girls scored 100% in Fashion Studies in 2024.
- 7. One girl scored 100% in Informatics Practices in 2024.
- 8. One girl scored 100% in Home Science in 2024.
- 9. One girl scored 100% in Sociology in 2024.
- 10. The highest score of one of our students is 99.00% in 2024.

#### **SUBJECT WISE HIGHEST MARKS**

Subject	Highest Score
English Core	98
English Elective	98
Hindi Core	91
Bengali	97
French	94
Mathematics	99
Physics	97
Chemistry	97
Biology	99
Accountancy	100
Economics	98
Business Studies	100
Entrepreneurship	100
Computer Science	96
Home Science	100
Fashion Studies	100
Psychology	100
History	97
Geography	93
Political Science	95
Informatics Practices	100
Physical Education	97
Sociology	100
Painting	91
Financial Markets Management	100

# PRIMARY SCHOOL

## **INVESTITURE CEREMONY**



Sushila Birla Girls' School reaffirmed its faith in its students by honouring them with leadership roles at the Junior Council Investiture Ceremony on June 28, 2024. Chief Guest Lt. Col. Susan Roy inspired students to pursue their goals with confidence and determination. The newly appointed leaders received badges symbolising their commitment to the school's values, discipline and academic excellence. The event was a proud moment for teachers, parents and students, instilling leadership, responsibility and dedication.



# SENIOR SCHOOL

## **INVESTITURE CEREMONY**



The Investiture Ceremony for the senior section of Sushila Birla Girls' School was held on February 7, 2025. During the event, the outgoing Student Council of the 2024-25 session officially handed over responsibilities to the new Student Council for the academic session 2025-26. Dr. Bhola Nath Pandey, IPS, Deputy Commissioner of Police, South East Division, Kolkata, graced the occasion as the Chief Guest.





# PRIMARY SCHOOL



## **ANNUAL PRIZE DAY**

The Primary Section of SBGS celebrated its Annual Prize Day on 21st March 2025 to recognize the persistence and diligence of students who have striven for excellence in the session 2024-25. The event featured a dazzling musical play, 'A Twist in the Tale', performed by students from Classes I to V. This fresh, contemporary adaptation of the classic Oliver Twist delivered a powerful message, "I have a voice of my own", through vibrant music, dynamic dance and compelling narration.





# SENIOR SCHOOL

# **ANNUAL PRIZE DAY**

The school celebrated the Senior Annual Prize Day on 11th April 2025, facilitating the student' endeavor to strive for excellence in the year 2024-25. The occasion was graced by Chief Guest, Shri Kartick Chandra Manna. A play based on Lewis Carroll's poem, "The Walrus and the Carpenter" was performed by the students of the middle and senior school. Various categories of prizes were awarded to deserving students who had worked hard consistently throughout the year to earn them. The prizes were handed over to the students by the Chief Guest, Mr. Manna.











# Signature Events







# MEMORIAL DAY MONTAGE

Sushila Birla Memorial Day, celebrated on 4th October 2024, at the Vidya Mandir Auditorium, was a magnificent tribute to Bengal's rich cultural and historical heritage. The event, titled Montage, featured a breathtaking performance that showcased Bengal's contributions to art, literature, the freedom movement and social reforms. With 250 students participating, the performance beautifully combined choral recitations, music and dance to narrate Bengal's vibrant legacy. Leading up to the event, workshops on traditional Bengal art forms such as alpona, terracotta pottery, shola pith and shara painting were held. Students also engaged in outdoor photography at Kumortuli and Chhau dance sessions, deepening their connection to Bengal's artistic traditions. Their works were displayed in an immersive art installation in the auditorium foyer. The evening was a sensory feast, with stunning folk performances like Jhumur, Baul, Raibeshe, Jatra and Chhau, leaving the audience spellbound. Montage truly captured Bengal's legacy in all its glory.



## **CONVERGENCE**

Convergence 2024, the biennial fest of SBGS, was a significant event in the school's annual calendar. It offered the students a break from routine and provided them with the opportunity to showcase their talent. The event comprised a series of cultural, sporting and academic activities designed to foster creativity, camaraderie and healthy competition among students. The off-stage events took place on Saturday, 13th July and the on-stage events took place at the Vidya Mandir Auditorium on 16th July. The programme was hosted by renowned anchor Shayne David Hyrapiet. Mr Nicholas Facino, Director, Alliance Française du Bengale graced the occasion with his presence. 15 schools participated in the fest comprising a plethora of events including titles like 'How to Get Away with Murder', 'Slam Dunk', 'Pitch and Pleats', 'Grip and Rip', 'Swar o Sanglap', 'Work it Out', 'Architech', 'Sherlocked' and 'Tag Art'. The students of Sushila Birla Girls' School participated in the events but did not compete for any prizes. The trophy for the overall winner was bagged by Modern High School for Girls.











# **UNIVERSITY FAIR**

Sushila Birla Girls' School hosted a University Fair for students of Classes XI and XII on 9th July 2024, aiming to provide them with a platform to explore many career options. 118 universities participated in the event, with 45 prestigious institutions from India. Some of the universities that took part included Flame University, Ahmedabad University, St. Xavier's University, Essex Business School and the New York Film Academy. Schools in attendance included BHS Mukundapur, Abhinav Bharati, Ashok Hall Girls' Higher Secondary School and BHS Moira Street. Overall, the fair hosted 800 students, including those from the host school. Informative brochures and pamphlets about various courses and colleges were distributed, aiding students in gathering essential information and giving them a clearer perspective of their future academic path.

# ANNUAL BLOOD DONATION CAMP

The Annual Blood Donation Camp was conducted by Sneh, the social service unit of Sushila Birla Girls' School, in collaboration with Project Life Force on 27th September 2024. Dr Amrit Pipara and Dr Priyanka Pipara, Chief Guests of the programme, jointly inaugurated the same and inspired the students with their motivational speeches. The donors included parents, teachers and staff and the donated blood was collected by Lion's Club Blood Bank.









# BEAUTY AND THE BEAST:

#### A MAGICAL CELEBRATION OF TALENT

Sushila Birla Girls' School hosted a delightful concert featuring a marvellous rendition of Beauty and the Beast by the students of Lower Kindergarten. The little actors brought their unique energy and enthusiasm to the stage, creating a magical retelling of this beloved tale. The audience was captivated by Belle's kindness and the Beast's transformation into a charming prince, beautifully portrayed by the little stars. Their confidence and creativity lit up the stage, leaving everyone spellbound.

# LITERARY FEST

On 25th November 2024, Sushila Birla Girls' School organised a Multilingual Literary Fest, inaugurated by Principal Mrs K. Dey and Headmistress Mrs V. Panja. The event included an exhibition showcasing student-created models, illustrations and book covers in English, Hindi, Bengali, German and French. This was followed by a panel discussion by renowned authors on the topic 'Journey of the Creative Impulse: The Change in Reading Habits in the Age of Proliferation of Digital Content'. Students also enacted scenes from renowned literary works bringing the classics to life with engaging performances. The fest was a resounding success, inspiring love for literature and celebrating creativity and cultural diversity.









# **DAAN UTSAV**

Daan Utsav was celebrated in the month of October. Students and teachers devoted themselves whole-heartedly to the cause by donating items required for daily living like grocery, stationary, clothes etc. for 85 families in the village of Jhilling Sereng, 45 children of Sidhu Kanho orphanage of Purulia district and for the children of Saujyata, a Kolkata based orphanage. 98 sets of new clothes for Durga Puja were donated to the underprivileged children belonging to 'A Little Contribution' and 204 sets of new clothes were donated to the children of 'Sher'.

# **SMAYAN**

Sneh, the social service unit of Sushila Birla Girls' School organised Smayan 2024, a fest for children with special needs, on 30th November and 3rd December with the tagline, 'Every hand held, every heart included'. The 13 schools that participated in the fest were Manovikas Kendra, Akshar, Mentaid, Julien Day, New Mission School, I Can Flyy, Indus Valley World School, Asha Eastern Command, Oral School for Deaf Children, Autism Society, Behala Bodhayan, Noble Mission and the host school. The programme was inaugurated by Mr Subhro Joardar, the Captain of Divyang Cricket Control Board of India (DCCBI) also known as the world's first blade cricketer who inspired the audience with his motivating anecdotes. The offstage events like rangoli, t-shirt painting, wristband making, flower arrangement, computer quiz and paper bag making were conducted in the school premises on 30th November while the onstage events like Bengali elocution, Step Up (dance) and Dress to Impress (fashion show) were organised at the Vidya Mandir auditorium on 3rd December which also marks World Disability Day. Oral School for Deaf Children won the overall trophy. All participants were given participation certificates along with refreshments and goody bags.





# CO-CURRICULAR ACTIVITIES

#### **FINANCIAL LITERACY**

Sushila Birla Girls' School, believes that financial literacy is a core life skill that lays emphasis on the knowledge, behaviour and attitude required to make responsible money management decisions. The ability to understand and effectively use financial skills should start early.

As a result of which, from 2023, our school, started with Financial Literacy Sessions on a monthly basis for classes IV and V. Classes were held in our school on two different days and in different slots. Special online classes (bridge courses) were also arranged for the newly admitted students.

At the end of the session (2023-24), on 23rd July,2024, an assessment was conducted by the facilitators to test the knowledge and understanding of the students. The assessment was for an hour for the class IV and V (for Level I and II). The question papers were sent to our school by courier and the exam was conducted in the classrooms in presence of teachers of our school. The two facilitators of IFEA (Investors Financial Education Academy), Chennai, Dr Vijay Chandrasekaran and Sivaram Arunachalam, were present throughout the exam. At the end of the exam, the answer scripts were sent to IFEA, Chennai by courier.

Feedback forms were shared online with all the students for both the levels- classes IV and V. On 6th August 2024, an orientation for the parents of present class IV was organised in our school premises conducted by the facilitators of IFEA- Dr Vijay Chandrasekaran and Sivaram Arunachalam. At the end of the session a feedback form was shared with the parents of class IV. After the session with the parents, textbooks and workbooks were handed over to the students across all the classes of IV, V and VI immediately after.

On 22nd November, IFEA mailed the results (marks out of 100) of the students of Level I and II. The certificates were handed over to the students on successful completion of the course. In 2024-25 the new session for FINLIT started from the month of September and the sessions were held for three classes- IV, V and VI on two different days.



#### LITERACY PLANET

Literacy Planet is an educational platform designed to enhance literacy skills in children through engaging and interactive activities. It caters to learners from early childhood through secondary school and covers a wide range of literacy aspects, including reading, writing, spelling, grammar and comprehension. It aims to build foundational literacy skills, ensuring students can read, write and communicate effectively. The platform uses gamified activities and multimedia content to make learning enjoyable and motivate students to engage in literacy exercises. Literacy Planet adapts to individual students' abilities, allowing them to progress at their own pace while addressing specific strengths and weaknesses.





#### REPORT ON ROBOTICS HOBBY ACTIVITY

The Robotics hobby activity is a gathering of students who are interested in learning about and working with robots through play. By programming and controlling robots, students step into the world of science, acquiring knowledge and skills that will be useful and applicable beyond the classroom. It provides a platform to facilitate students to understand, design and learn robotics and provides them with opportunities to express their skills, knowledge and creativity by conceptualising, designing, and programming robots.

The robotics hobby activity in our school consists of 30 students from grade VI - VIII that is held every Friday. The students acquire a brief idea of robotics by learning the use of an arduino board, microcontroller, multimeter operation and the working principle of an LED. The students learn about voltage, current, resistances along with their colour codes, semiconductor material, diode and different power supplies. With the help of C++ programming language, the students perform multiple programs like LED blinking program, interfacing hardware programming, working with analog sensor and IR sensor, displaying temperature information into serial motor and working with clap sensor and buzzer using switch control LED and switch control buzzer. Students learn the code for a robotic car. They design the same as a part of their final project.

External Faculty Moupia Bakshi. Coding Avengers

Internal Faculty Chandrima Ghosh. Soumi Dutta Das.





## SUSTAINABLE DEVELOPMENT GOALS EXHIBITION (CLASSES III-V)

Sushila Birla Girls' School hosted an inspiring Sustainable Development Goals (SDG) Exhibition showcasing the year-long efforts of students from Classes III to V. The event, held in the school premises, was a vibrant celebration of creativity, awareness and commitment towards achieving the 17 global SDG goals.

The chief guest for the occasion was Mrs. Lata Bhatia, a renowned expert in composting and recycling, who commended the students for their innovative and practical approaches to sustainability. The exhibition featured an impressive range of projects, models and presentations that reflected the students' understanding of critical issues like climate action, quality education, clean water and sustainable consumption.

Parents, as well as visitors from other schools, were deeply impressed by the dedication and ingenuity displayed by the young participants. From waste segregation techniques to renewable energy solutions, the projects emphasised actionable steps for a better future. The event succeeded in igniting a sense of responsibility and fostering a culture of sustainability among all attendees.

The SDG Exhibition was a resounding success, leaving everyone inspired by the potential of young minds to contribute to global goals with such enthusiasm and vision.





### **VEDIC MATHEMATICS**

A three-day workshop 'Vedic Maths Magic' was held at Sushila Birla Girls' School from 11th to 13th November 2024 for students of Classes VI - VIII. Conducted by Mr Devesh Kumar, a Vedic Maths expert with 22 years of experience, it introduced ancient techniques for solving problems quickly and accurately.

The students learnt how to quickly calculate HCF, percentage, square root, cube root, multiplication by 9s and division by 5, 25 and 125. Advanced topics included Olympiad tricks and terms related to number system beyond their syllabus.

Mr Kumar's engaging approach and personalised guidance made learning enjoyable. The workshop inspired students, leaving them with valuable skills and a renewed enthusiasm for mathematics.





# **EXCHANGE**



# **OUTREACH PROGRAMMES**

# **EXCHANGE PROGRAMME WITH OGAWA HIGH** SCHOOL, JAPAN

Sushila Birla Girls' School recently had the privilege of participating in a student exchange programme with Ogawa High School, Japan, marking a rewarding cultural experience for everyone involved. The exchange began when the Japanese students visited Kolkata in July and engaged in cultural workshops, local sightseeing and bonding activities. In a reciprocal visit, the team from Kolkata travelled to Japan this March, eager to explore their culture firsthand.





The programme was greatly supported by the Japanese Consulate in Kolkata, whose guidance and encouragement helped make the journey seamless and well-organized. From visa facilitation to cultural orientation sessions, their support was instrumental in the success of the exchange.



The experience in a school in Japan was nothing short of inspiring. The polite behaviour of the Japanese people, their respectfulness and sense of community were exceptional. Their disciplined way of life was evident everywhere-from impeccably clean roads and public spaces to the spotless schools. One of the most fascinating aspects of the visit was observing Japanese students take responsibility for cleaning their own classrooms and school premises. This practice, deeply rooted in their values of responsibility and teamwork, left an indelible impression on the Indian students and teachers alike.

Participating in traditional Japanese activities such as the tea ceremony, ikebana (flower arrangement) and calligraphy classes, which revealed the grace and patience behind these age-old art forms was a pleasure. The udon-making session was unique not just because of the making and savouring of the delicious, chewy noodles but also because of the enthusiastic participation of the students and teachers- both Indian and Japanese as well as the Principal and Vice Principal of Ogawa High School. Of course, no trip to Japan would be complete without trying sushi which delighted everyone by its variety and flavour.

This exchange was far more than a travel experience-it was a journey into the heart of another culture which yielded unforgettable memories, new friendships and a deeper appreciation for the values of discipline, cleanliness and respect.









# EXCHANGE PROGRAMME WITH BIRLA BALIKA VIDYAPEETH, PILANI

A delegation from Birla Balika Vidyapeeth, Pilani visited Sushila Birla Girls' School from 12th to 20th January 2025 with the aim of exploring new opportunities, strengthening shared traditions and gaining firsthand experience of life in a day school. The delegation comprising 16 students from Classes VI and VII, along with 2 teachers, participated in various activities centered around the theme of 'Toy Pedagogy and Game-based Education' during the week-long programme. The students had the chance to visit both historically significant sites and places of educational value.

While staying with host families allowed the visiting students to experience the warmth and comfort of a home away from home, their time at school offered a unique glimpse into the daily life of a day scholar, enriching their understanding of a different educational setting.









## EXCHANGE PROGRAMME WITH PATHA BHAVANA, SHANTINIKETAN

Sushila Birla Girls' School welcomed a delegation comprising 13 students and 3 teachers from Patha Bhavana, Santiniketan on 20th November 2024. In a memorable two-day exchange, students of both the schools participated in several activities celebrating Tagore and analysing the impact of his educational ideals in the present era. They also interviewed film maker Sandip Ray to study the influence of Tagore's vision on Satyajit Ray. Apart from visiting some of the heritage monuments of Kolkata, the students also studied Abanindranath Tagore's style of painting and participated in a theatre workshop.



#### The Rhythm of Peace

In the beginning there was nothing. In nothing I found something that turned out to be everything. Every day I listen closely to the beat of my heart and plot its revelations to find its true calling. The void it houses gnaws, screams and cries, yearning for an answer to the question- who am I? What am I made for? For years I tried to satiate this hunger by filling it with medals and certificates but with every feed, its groans turned into growls.

Lao Tzu, a Chinese teacher, had said, "The usefulness of what is depends on what is not." There is no peace without war, no calm without chaos. As human beings, it is our natural tendency to strive, to be the best, to emerge on top. The concept of peace is not limited to a period without conflict. Rather it is a state attained when one is free of disturbance and stress. Over time, I figured out that no matter how many wins I threw into that search for peace, I could not find it. The medals tarnished, the certificates faded and I was left behind; more confused and lost than ever.

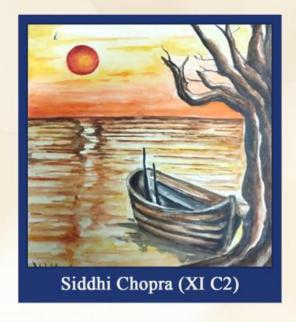


Mankind considers peace to be sweeter after carnage. In the very depths of this darkness, I found my passion. It started to express itself through various mediums- writing, designing, through words spoken on the podium. So now when I draw a stethoscope, instead of hearing my heart's rhythm, I listen to it. I slow down.

We live in a culture that values speed and productivity. In such a world, moving away from the paths set by society to find happiness is considered to be crazy. Time is money, money is time- this is what all human beings care about. Time is limited, time is meant to be spent in moments of joy, with loved ones. How does one discover inner peace?

Mankind has searched for peace with telescopes and equations, confronted it with paintbrushes and emotions. During this exploration they have mapped the cosmos and celebrated the divine. Despite this, they have found its truest essence in a muscle that beats between their bones.

Laksshha Khanna (XII C2)



#### Is Peace A Selfish Pursuit?

Is peace a selfish, fleeting feeling, A wish we clutch, a song worth singing? If all the world still cries and fights, Can peace be found behind closed eyes?

True peace must reach beyond our door, A gift for all-both rich and poor. For when we heal both heart and mind, We hold true peace, gentle and kind.

Avani Singhal (XI C1)

#### Searching for Answers

To get peace, we must first understand the causes and reason for war.

What is Peace? – A question that often goes unanswered and overlooked, a mere whisper drowned out by the cacophony of daily life and often, an unexplored part of a complex labyrinth of questions we have. It is a question that has prompted many great men to set out and seek its answer. Unlike any mathematical equation, this question does not yield a singular definitive response. Peace in itself has several interpretations and symbols spanning across different countries, historical and religious groups and organisations.

Around the globe, people have their own interpretations of peace and it often means different things for different people. For some, peace might be a state of being, an unattainable lifelong desire or the final destination of the journey called life. While peace is a societal state, some might consider it to be a personal goal. Thus, they may only focus on their own comfort and well-being, blissfully ignoring the distress, conflict and turmoil surrounding them. What they fail to realize is that one cannot be at peace unless people around them are at peace as well. It would be pointless to 'be at peace' when one is surrounded by unrest, suffering and tension. Alternatively, for a person who has lost everything in life or someone who is terminally ill and in agony, death is the ultimate refuge for them as only that can free them from their endless cycle of pain and misery. For them, death provides tranquillity and closure and a somewhat comforting end.



Isn't it ironic how human beings themselves consider peace to be a conflicting idea or a paradox? Despite being the opposite of war and conflict, sometimes peace can only be obtained through violence and war. Human history has witnessed countless bitter and devastating wars for establishing peace. War and peace have always gone hand in hand and are more complexly intertwined with each other than we realize. Germania, the allegorical personification of the German nation is a classic example of the relation between war and peace. Her sword symbolises readiness to go to war while the olive branch symbolises willingness to make peace. Unfortunately, sometimes war may be the only path leading to peace.

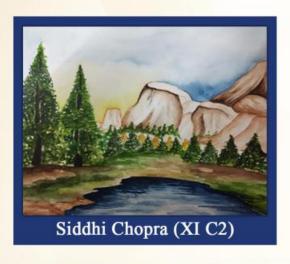
So, what is 'peace' then – a state of mind, a solution or a paradox? While there is not and probably never will be one conclusive answer to the question, one can only keep on searching.

Debangi Chakraborty (XII S)

#### A Peaceful Day

A peaceful day in my life was when I saw Kanchenjunga for the first time from Pelling. It was a cloudy day and the sun was about to set. I went to my room's balcony to see the clear view of the snowy mountain. The surroundings were very quiet and calm. I could only hear the birds chirping, returning to their homes. Suddenly, I saw the rainbow and the peak of the mountain turning orange during sunset. That was a peaceful day which I will cherish forever.

Aadishri Mal (I D)



#### What is Peace?

As I looked out of the window, on a silent autumn evening There stood the humongous tree Every falling leaf, narrating stories of war, wrath and violence Stories of men coming and going.

Walking down the bustling streets
Cars rushing by
leaving the little boy unheeded,
the loud honks thundered
Ignoring those anguished cries.

Does the rain wash away the year's pain?

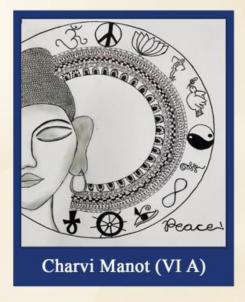
Does the flowing river take sufferings to the drain?

Does the storm brew quickly in the hearts of men?

Peace is just a fleeting illusion,
An oasis in a world torn apart,
We chase it like a shadow.
But what does it look like? How does it feel?
Is it a whisper? A flicker? Or a fire?



Riddhima Roy (XI H)



#### The Gray Area

In the shadows of war, where humanity fractures and violence prevails, peace emerges as a distant hope. From time immemorial, war and peace have been viewed as just black and white, two circles that never overlap. Literary pieces like 'War and Peace' by Leo Tolstoy and '1984' by George Orwell question the idea of war and peace being mutually exclusive concepts by moving into the gray area.

In 'War and Peace', Leo Tolstoy portrays war through the French invasion of Russia and the Napoleonic wars that ensued and 'peace' is the life of the Russian society against the backdrop of this invasion. Thus, we see that war and peace can coexist in the same society. While the soldiers were at war fighting valiantly, the people, mainly women back home, could still enjoy a few moments of peace through friendship, love and solitude.

'1984' tells a different, more dystopian story. The phrase 'War is peace' almost becomes a refrain as this idea is constantly fed to the readers throughout the novel. The government ensured that their country was in a constant state of war against neighboring countries. Not only did this exhaust resources but also ensured that people could not focus on the shortcomings and tyranny of their government. Thus, through war, the government was able to establish a distorted state of peace in their country.

Through these novels and their depiction of war and peace, it becomes evident that war and peace are, in fact, mutually inclusive. Even when war is going on and all hope in humanity seems lost, there are times when people forget their differences and share a moment of peace. One must only look at history for proof. 'The Christmas Truce' of 1914 is a beautiful example where soldiers who were fighting against each other momentarily declared a ceasefire and celebrated Christmas together. This strengthens the idea that if war is black and peace is white, most of history would lie in the gray area.

Samaira Vaid (XIS)

#### **Rest in Peace**

The museum had neither a ticket booth, nor a curator. It stood right in the midst of bustling traffic, surrounded by towering skyscrapers, passed by millions, yet noticed only by a select few. It could count on one hand, the number of people who had walked its halls.

#### I - Apollo

Apollo stared into the murky puddle left there by the rain. It reflected the distorted image of a pale white door, broken apart into fragments. It was unmarred, save for a singular Japanese character etched into the wood. The puddle was small, barely enough even for the door's image but she was enamored nonetheless. Looking up, she was struck by the juxtaposition - the cacophony of the neon lights and flashy billboards and the quiet, unassuming nature of the door. It beckoned her in, its silence more commanding than the noise around her.

Once inside, her eyes fell on a weathered love letter preserved inside a glass case, discovered on the battlefield. The faded ink reflected tender words, a soldier's heart laid bare on the fragile paper. It was not just the words but the paper that caught her attention. There was a small emblem of the army embossed on its side, a stark reminder that even this pure token of love could not escape the brutality of war.

She stared at the letter, amazed by its beauty but also weighed down by its sorrow, their love yet another casualty of war.

#### II - Idande

Having missed the last train to Kyoto, Idande had nowhere to go and nothing to do. Hours of aimless wandering had led him to an unobtrusive, dull, white door. A slight push later, he found himself standing on a platform overlooking the most magnificent sight he had ever beheld.

A long flight of stairs led downwards to endless, narrow passageways that opened into tinier rooms. The rooms were lined with antique bookshelves and wooden cupboards; some housed a strange assortment of items, neatly displayed and labelled and some contained scrolls and scrolls of writing.

Of the countless sights, it was a teddy bear that Idande was drawn to. Its fur was stained with dried blood, grime and dust. An ear had been blackened; it hung precariously from the edge of its face, a single thread holding the two together.

If he looked closely, he could make out tiny indents where a child's fingers had gripped it, perhaps in terror or for comfort. When he closed his eyes, he could hear a child's laughter, a fearful scream, rasping breaths, a sudden boom and shrieking silence.

Idande looked away, tears blurring his vision, his heart pounding.

The museum is a graveyard of the victims of war - of childlike innocence, of unspoken words and of heartfelt promises. It documents loss in its tangible forms. It serves as a reminder that Japan has built its peace not by glorifying its victories in war but by remembering the destruction, pain and loss war leaves behind in its wake.



Samaira Vaid, Anoushka Chopra (XI S)

#### The Chicken and Egg Conundrum

Which came first- war or peace? Answering this question is essential to understand the concept of peace. For me, the answer is clear. The answer is, war.

Some might argue that peace came first if we talk about the Biblical creation of the world, the garden of Adam and Eve. That does sound peaceful but I would not consider it to be true peace because there can be no real peace without a period of turmoil.

Peace, in its very essence, is the freedom from disturbance. In a world where there is no disturbance, hardship or conflict, peace ceases to exist and its value diminishes. Thus, a constant state of peace is indeed a utopian concept. The beauty of peace can only be appreciated by a survivor of tough times.

However, for the sake of this argument, let us imagine a utopian world where peace reigns. Peace will always conflict with the human ambition and desire to be greater than others; to be more powerful, more successful than others. All the wars fought throughout history have been driven by man's ambition and obsession with success. Hence, the implication of such a world is a change in fundamental human behavior itself. Even Eve could not control her desire to bite into the forbidden fruit, despite God's instruction, could she? This leads me back to my original notion that peace is definitely a utopian concept.

Pritha Bhojnagarwala (XI S)

#### Journey To The Heart of The Peace Mountain

The first rays of sunlight kissed the horizon as we started climbing the Peace Mountain. The rough trail was flanked by towering trees whose leaves held the silent tales of the innumerable travellers who had passed before. Birds sang melodies that made my footsteps urge forward. The scent of wildflowers mingled with the cool air. Every move forward was marked with bravery as the stones rolled underfoot. My resilience was put to test for there were moments I wanted to fall flat from exhaustion.

Yet the silhouette of the mountain, majestic and resolute, beckoned for peace and comprehension. I had to move ahead. Along the way, I met other travellers, who like myself were bent on finding peace. Some walked with quiet determination while others told stories of conflicts and dreams. We climbed the mountain with a lionheart. At night we rested under the shade of a tree- a constant reminder that we were not at the top. However, the bond that we forged along the trail made us listen, share and in our own way, attain peace.

Finally, we reached the summit. The world unfolded in front of me in its raw dazzling beauty. The wind was gentle, yet strong enough to carry all of our burdens away. In this moment of glory, I realised that the Peace Mountain was a destination to test the companionship of travellers and their ability to brave through struggles.



Tishya Bagaria (V D)

#### In The Court of Peace

The ten of them seated themselves, hands resting on the near-spotless leather of the armrests. It was a Saturday morning- one that should have been occupied by easy going casual chit chat- but instead, was filled with half held breaths. The kind that comes before a verdict.

This was no ordinary courtroom. At the center, beneath piercing white lights, stood Peace. Draped in linen, eyes heavy with the weight of centuries. In front of her stood War, pressed into a suit. The clean lines, cold eyes and charisma cut sharper than any knife.

Presiding over the courtroom was The People- collective, ever-shifting, shaped by the past. It sat there, watching, quietly observing. And then there was the jury.

Sadness sat wrapped in blue with her eyes swollen. Fury had his fists clenched. Happiness, in bright clothes didn't quite fit in. Innocence sat nervously, fidgeting with her nails.

And at the center stood Justice blindfolded, her hands steady and spine straight.

War stood up nonchalantly. "Your honour," he said with a practiced smile, "today we examine the one we were told to pray for, to fight for, to die for." He smirked, and looked straight into the eyes of Peace.

"How many voices did you silence for your so-called peace?" Peace looked down. War gritted his teeth. "How many fists were forced open in your name? How many protests were dismissed as 'agitations'?"

In the jury box, Anger scoffed. Sadness sighed. Innocence looked up with her eyes wide. War's voice sharpened. "You called it calm. I call it suppression." Peace finally spoke, voice soft, unpleasantly calm. "I never asked for silence. I asked for understanding. But they- they turned me into stillness," Peace said. "They led me into chaos. But I was never meant to be that."

Innocence leaned forward, her voice barely above a whisper. "Then why didn't you fight back?"

Peace turned to her, slowly. "Because they said I couldn't. That if I raised my voice, I'd no longer be Peace. I believed them."

Justice tilted her head, still blindfolded.

War paced now, the floor was his stage. "Tell me, Peace- where were you when oppression knocked on people's doors? Where were you when silence was sold as harmony?"

There was no answer. "Where were you," he pressed, "when Innocence cried and you told her to keep quiet because 'things take time'?" The jury was still.

Krishika P. Bhambani
(XI C1)

Then Justice spoke. Her voice was quiet but it rang through every wall.

"Peace," she asked, "is there justice in your stillness? Or only comfort for the comfortable?" There was no answer again.

"I'm not the villain," Peace said, turning to the jury. "I have not committed any sin. Please." War spoke. Calm and cold. "You arrived too early, too easily," he said. "You covered up wounds without thinking twice. All for what?"

Peace looked at the jury, but found no comfort. When she finally spoke, her voice was soft. "I was meant to heal but perhaps I came before the bleeding stopped." Her words fumbled on the edge of admission- but not quite.

And then- Guilt arrived. Late and uninvited. The room became tense.

Peace's eyes met Guilt's and for the first time, something twitched. The grip on her hands loosened and her stomach dropped. She saw it clearly- a reflection of what she had brought upon the world.

"I let them use me," she whispered. "I was afraid of noise. Of anger. Of truth. So I stayed quiet. And in my silence, I caused harm." War's head tilted upwards. The jury didn't speak. They didn't need to.

The crime she had committed was not of violence- but of silence. And silence, in the face of injustice, is no less cruel.

The verdict was clear.

Nishika Singhvi (XI H)

#### In Pursuit of Peace

Heart heavy and mind weary,
She journeyed to the mountains far north,
Seeking solace in Mother Nature's embrace.
Ah, that Golden Fleece- she sought but found not.

Then, she turned to the ocean,
Its waves lapping gently under the silver moon.
But a raging tempest arose and
Unleashing the ocean's wrath, wrecking hearth and home.

Next, she reached the endless desert,
A crescent of sand stretching miles, desolate and bare.
Just as its whispering winds and rugged beauty
Were finding their way to her heart, the machines arrived.

An army of monsters in human skin,
Riding into war on beasts of iron, plastic and tin.
War- what war? Had the war-drums not fallen silent?
Haven't the countries signed the pact and made peace?

In the beginning, the leaders did promise to bring reform But their empty vows turned to scorn. Over the years, the voices grew fewer and thin-Millions sacrificed to the fires raging within. The wheel of time turned, the sands shifted,
Tired in body and spirit, like a leaf she drifted
From cape to fjord, fjord to lagoon, till
Until at last, her weary feet found their way home.

She opened the door and stepped through
But where laughter once rang, now silence reigned.
Where warmth and joy had once embraced her,
Now a hollow stillness sang to her core.

She drifted through the halls of memory like a ghost, With each step, a silver raindrop fell upon the floor. Had she been right to leave her home, seeking peace-Seeking peace for herself while her own were at war?

Years passed but the old wound did not heal.
She crept into her shell, ceased to feel.
Years passed and eventually, the old wound healed.
And when she met the Author, she smiled,

She had finally found peace.

Dia Bothra (IX B)

#### Heaven's Embrace

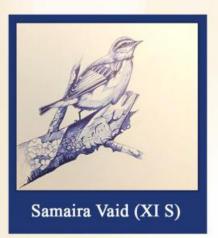
Thunder-stricken cloudy skies, Bloodshot, glassy, tear-stained eyes, Loneliness creeps, shadows whisper low, Oh! To be lost where wildflowers grow.

Time ticks on, my heart feels the strain, Longing for peace to soothe the pain. Dark shadows drag me to their side, Where will my trembling heart reside?

Not a wink of sleep, my eyes love to weep, I am bruised so deep, with every stab I leap. On the brink of madness, teetering slow, Helplessly praying for a miracle.

Will peace enfold me like a warm embrace,
When life's journey ends and my heart finds solace?
In death's soft slumber, I find peace,
My spirit drifts upon the quiet breeze.
In heaven's lap, I find my shelter,
Eternal peace, my soul's sweet nest forever.

Sumaira Kainat Ashraf (XII H)





#### The Journey to the Peak of the Peace Mountain

For generations, the legend of the Peace Mountain had been passed down in my village. It was said that anyone who could climb its peak could make a wish for a peaceful world to come true. The mountain was situated on the edge of a cliff that faced the blue sea. Determined to put an end to the conflicts around me, I decided it was time to make the journey.

The hike began at dawn. I carried a small backpack with water, food and my grandmother's antique compass. Heat from the rising sun beat down on me but I continued with my journey. The way to the mountain was through a desert and there lay my first obstacle- the Dancing Dunes of Doubt. The sand under my feet kept shifting, making every step I took unsteady. I could feel the exhaustion setting in as a sunburn broke out on my cheeks.

Next lay the Coastal Caves. Spooky dark tunnels were carved into the side of the mountain and the entrance was surmounted by crashing waves. As I made my way through, the sounds of the water echoed in the stone, making me feel anxious and lonely. Shadow danced on the walls and created eerie shapes. I took a deep breath to calm myself down.



Finally, I reached the basecamp- the Steep Cliff of Echoes. This was rumoured to be the most difficult part of the journey. My hands went cold and my feet started trembling, yet I ventured on. Each time I lost balance on the slippery stones, the voice in my head grumbled, "You can't do this." Through gritted teeth I responded, "Yes I can!"

At last, I pulled myself up to the peak. The weather had cleared and the sun glistened on a small golden pedestal. I knelt down on that spot and whispered to the mountain, "I wish to bring peace to the world."

For a moment, everything was silent. Suddenly, a gentle breeze blew in from the sea, as if it was carrying my wish far across the desert and into the horizon. This brought over a sense of peace in me. The journey felt worth the pain and as I made the descent, I felt a sense of peace spreading from my heart to the Earth.

Ananya Jain (VA)

#### Peaceful Protest - An Irony?

Irony – a peaceful protest?

Where justice has been peacefully put to test,
Striving in pain, yet calm they remain,
So humanity may never face it again!

Oxymoron – a peaceful protest?
Where the fire and water relentlessly contest,
High on tides do emotions ride,
Still steering the boats on justice gone dry.

Paradox – a peaceful protest?

Anger sugar-coated with silence at its best,
Candles as good as bullets without the guns,
'We want justice' - the echoing slogans.

Having stirred compassion through blazing fire, Did they not have support prior? The words were soft but cut like knives, Slicing through silence, changing lives.

Ujasvi Saraf (X D)

#### **Den of Illusions**

Imagine a beautiful lush garden with flowers of vibrant hues, the chorus of chirping birds and a majestic waterfall where one can hear a medley of sounds that seem to echo with the symphony of our souls. It is a place of placidity, joy and solace, surrounded on all four sides by towering walls. These walls which guard this tranquil place are also the very barriers that confine it. This garden, this sliver of peace, comes at a cost revealing the paradox of peace itself.

The very idea of peace-something we all yearn for-is often intertwined with contradictions and struggles, highlighting its inherent fragility. In the pursuit of this elusive garden, humankind finds ways to ignore or shut out the rampant injustice, chaos and turmoil of the world. We build walls of ignorance and indifference that distance us from reality and dehumanise us. Peace in this sense becomes a selfish pursuit leading people to revel in blissful ignorance. It dulls rational thought and weakens decision-making skills. This seemingly peaceful utopia forms the foundation of a dystopian society.

Under the guise of ignorance we trade our swords for silence and our outrage for complacency extinguishing the fire at the core of the indomitable human spirit. The walls built to shield this garden are eventually bound to crumble leading to its inevitable downfall. From these ruins will emerge a ray of self-actualisation which will guide us to break free from the 'garden of illusions.'



Saanvi Daga (XII C1)

#### **Digital Tranquility**

Beyond the din and viral tide, Let us be patient and let our souls confide.

May screens reflect our profiles with grace, And radiate human warmth in cyberspace.

Beyond the codes, beyond the screens, Lie dreams of light, of hopeful means.

Can peace still blossom, can hearts stay true, Amid the streams of infinite view?

Endless clicks and never ending scrolls, Relentless feeds exact their toll,

Let silence speak when hate runs wild, Let wisdom guide both adult and child. Let pixels shine with kindness bright, Spreading peace and calm each night.

May truth stand firm, may trust be strong, May hearts connect where they belong.

In the chaos, rush and race, Can we still hope for a peaceful space?

A moment's pause before we send, A chance to heal, a chance to mend.

For peace is not an impossible dream, It can be found in every gleam.

So pause and reflect before you share, Together let us fill this space with love and care.

> Adaa Agarwal, Keshiya Jain (XII C2)

#### **Everyday Inspirations**

In the fabric of our days,
They weave threads of kindness, soft in light,
A teacher's smile that helps us believe,
A parent's hug that feels so right.

With quiet strength, they show the way, In actions small yet deeply felt, A friend who listens, come what may, In their presence, burdens melt.

A stranger's gesture on the street, An umbrella shared in pouring rain-These moments, though they seem discreet, Can lift a heart from pain.

It is words that spark the writer, Who captures all our hidden fears. Simple gifts can leave a mark And fill our souls with hopeful tears.

So look around, take time to see
The quiet heroes in your life.
Small actions bloom like flowers bright,
Bringing beauty to everyday strife.

For in these moments, life is clear, It's not the grand but the small we hold dear. Each simple act is a testament true To the power of love in all that we do.

Rajul Sethia (VI B)





#### Salvation

The rain drips onto the roof of my home, A patch forming where it falls. The spoon gleams before my face, A rough figure blurred in its walls.

The patch is breaking.
The spoon is rusting.
Heaven's tears sweep down to earth,
Stealing the warmth of the night.

At last, the sun peeks through the clouds, A bird's song falling into rhythm. The rainbow soon stretches across the sky, A weeping cloud finds its wisdom.

The song grows softer.
The winds cry louder.
The sun's fierce rays scorch the earth,
Stealing the solace of rain-kissed dirt.

I gaze at the sky through the hole in my roof,
The patch is now broken.
I eat my meal with my hands,
The spoon is now rusted.

I cup my ears to silence the noise, The chirping is now vengeful. I wipe my face clean with my tears, The clouds are now tearful.

I craved the quiet,
I craved the clean,
I craved a meal,
But now I crave salvation unseen.

Bhavya Mimani (XII C2)

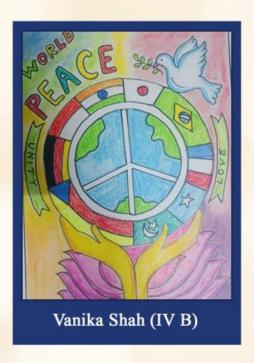
#### A Peaceful World

When I opened my eyes on the morning of 21st October, I saw that even on International Peace Day, there was no peace in my city. Cars honked unnecessarily, dogs barked and woke me up in a bad mood. I started wondering, "What if we actually lived in a peaceful world!"

In the beginning, I thought that there would be no noise, no cars, no pollution and no violence. In a peaceful world, the birds would chirp sweetly, the air would be gentle, the stream would flow with gurgling sounds, the trees would rustle softly and swans would swim gracefully in the water. However, what about us, humans?

Oh! I remember what Albert Einstein said, "Peace cannot be kept by force, it can only be achieved by understanding". So, to achieve peace, all of us would have to be kind and caring, without fighting unnecessarily, save water and other resources and cooperate instead of going to war. Adults would go to offices and children would go to school with smiles on their faces. As Mother Teresa rightly said, "Peace begins with a smile".

The world I am imagining is a much better place than where we live in right now. I hope this world transforms into the one which is in my imagination. I hope my dream of living in a peaceful world comes true one day, soon.



Saatvika Agarwal (III A)



#### Unseen Peacemakers

In quiet lives, they weave their spell, Gentle souls with tales to tell. A teacher's smile, a parent's care, A writer's words, an actor's flair.

Their actions ripple far and wide, Calming storms, soothing minds. A listening ear, a helping hand, A steady light in a troubled land.

In every corner, they reside, Unseen peacemakers side by side. Their kindness spreads-a warming flame, Inspiring hope, easing pain.

A librarian's patience, a nurse's grace, A parent's love, a friend's embrace. Their peaceful nature, a guiding light, Leading us through the darkest night.

Let us honor these quiet heroes too, Who nurture peace in all they do. For in their footsteps, we find our way To a brighter dawn, a peaceful day.

Abhishree Banka (VI D)

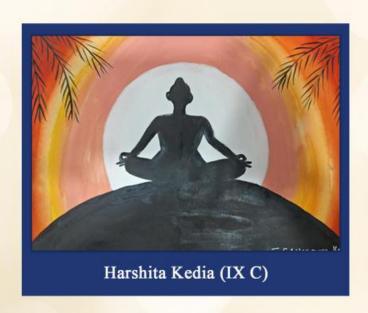
# Finding Peace In a Fractured World

Prioritising internal calm over external chaos is not just important; it is necessary. As the Buddha wisely said, "You yourself, as much as anybody in the entire universe, deserve your love and affection." By cultivating inner peace, we become more compassionate, self-aware and aligned individuals.

At the end of the day, we are the protagonists of our own stories, yet the relentless chatter of our minds can keep us from making our journey a masterpiece. If pursuing peace is considered selfish, then let us embrace that selfishness-prioritising our well-being to see how it ripples outward, benefitting those around us.

Individual peace is the foundation of collective harmony and we should embrace it without guilt or hesitation. As Mahatma Gandhi famously said, "Be the change you wish to see in the world." When we embrace our individuality in a world that constantly tries to mould us to fit in, we engage in one of the greatest acts of peace.

Muskan Singhania (XIS)





#### Stitching

Stitching, because she didn't like who she was, Stitching, because she was tired of feeling like a lost cause. "Ugly" was how she was always seen, "Ugly," because that's how she had always been.

Her teddy-the only friend she'd had since seven-Still sat there smiling as she cried her eyes out at eleven. She wondered how he'd never seen the ugly world,

While she lay beside him, small and curled.

Slowly, steadily, she pricked out his eyes,
Trying them on herself-eyes that would never cry.
And now the only thing that fell from her eyes was blood,
But somehow she liked being drowned in that flood.

Because finally, she went stitching, loving who she was-Stitching, because she'd made peace with her chaos

Khushboo Bagri (X D)

#### What Peace Means to Me

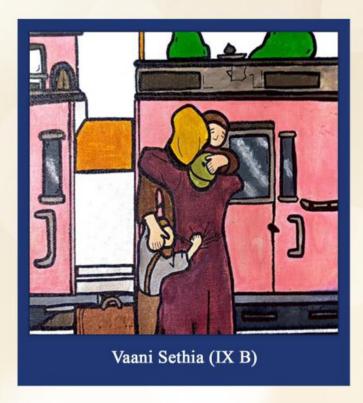
Peace is a five-letter word that means different things to different people. For some, peace is quiet moments spent alone while for others it is being with family and friends, revelling in laughter and love.

Peace can be felt in many ways, it is a subjective concept. To me peace means sitting under a shady tree in the garden, allowing the breeze to cool my cheeks. It is when my father holds my hand and everything falls into place. It is when I spend time with friends- playing, laughing and being carefree.

Peace does not mean to be without worry. Rather, it is a feeling of confidence in the face of change. To me peace stands for kindness. When I express this, I am able to help others in small ways, which brings out their brightest smiles. If everyone contributed to this collective feeling of peace, the world would be a happier place to live in.

Kavya Agarwal (IVC)





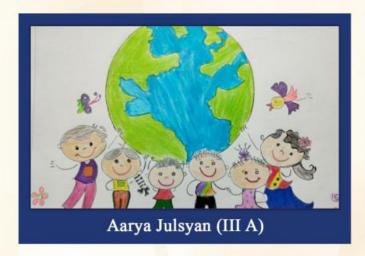
#### Rise Up for Peace

We see them smile, we see them care, Spreading peace everywhere. They help, they share, they lift us high, Bringing joy as they pass by. No harsh words, no need for fame, Kindness grows just the same.

With gentle hands and hearts so bright, They fill the world with love and light. With every step, with every deed, They plant a peaceful, loving seed. Quiet actions-so pure, so true-Let peace take root in all they do.

They are the peacemakers, hearts sincere, Bringing light to all, year after year.

Divisha Dangaich (VIC)



#### Vasudhaiya Kutumbam

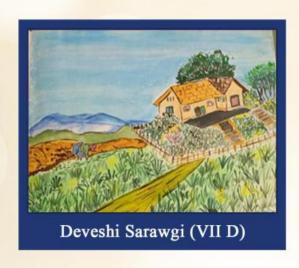
In order to lead a happy life, peaceful surroundings are very important. Peace indicates the presence of life and positive emotions such as love and satisfaction. For me, a peaceful world means efficient government and responsible citizens who are aware of their rights and duties towards the nation. Peace can be achieved if all of us believe in a Sanskrit maxim from the Maha Upanishad, 'Vasudhaiva Kutumbakam', meaning 'the whole world is but one family'. It encourages people to consider the welfare of others and advocates for equal treatment and opportunity irrespective of caste, creed, gender and religion. Such a peaceful world may be created with an optimistic and fearless mind.

Avika Thakur (III D)

#### A Peaceful Day

A Peaceful Day is a day when everything feels calm and happy. I wake up early and I like to start my day with meditation. I sit by the window and see the blue sky with fluffy clouds. I like to draw pictures and colour them. Spending time with my family makes my day even better.

Prisha Kedia (I B)





#### Peace

She sounds like waves that kiss the shore, Smells of rain-like petrichor. She hugs you like you're finally home, Hums a tune your heart has always known. She follows dysfunction, Brings comfort, But it's not long before she's gone.

For a while, she'll hold you closeA feeling familiar, yet far.
Soon, she'll let go,
For her presence was never meant to last.
She fades like dawn into dusk,
Waiting for you to seek her again.
For chaos must rise before she returns,
So you remember the warmth of her embrace

Saisha Agarwal (IX B)

#### The Digital Detox Retreat

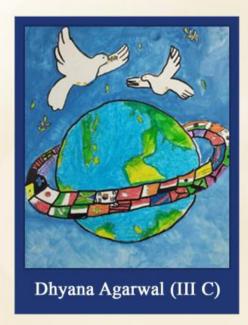
In the quiet city of Aizawl, Karan grew up surrounded by nature. He witnessed the rapid rise of the digital age. While technology initially excited him as it connected people and offered endless information, he soon felt overwhelmed. His friends spent more time on their phones than with each other and the constant flood of notifications unsettled him.

Eager to escape this, Karan attended a "Digital Detox Retreat," where participants surrendered their devices for three days. At first, he felt lost without his phone but as time passed, he rediscovered simple pleasures: the sound of birds, the beauty of nature and deep, meaningful conversations. His sleep improved and he woke up feeling refreshed each day. Most importantly, he found more time to reflect on life, set goals and gain perspective.

Reflecting on his time at the retreat, Karan realised the importance of balance. Technology wasn't the problem-its overuse was. He returned to Aizawl with a new mindset: to use the digital world mindfully, set boundaries and prioritise real-life connections. In doing so, Karan found peace, learning that in the digital age, tranquillity is possible-but only when we reclaim control over our devices.



Pranshi Pasari (VII C)



#### Whispers of Harmony

Once upon a time, Peace was born in the quiet spaces of the world. It was not loud or demanding but soft and steady, always working to bring people together.

In the beginning, people lived in small villages. Peace lived alongside them, kept alive by their shared laughter and acts of kindness. With time, as people began building cities and empires, Peace faced greater challenges. Wars broke out over land and power and Peace was often pushed aside. However, it never disappeared. It lingered in the background, revealing itself when people chose dialogue over violence or reached out to help someone in need.

Even in the darkest of times, like during the World Wars, Peace did not give up. It survived in small acts of compassion-like a soldier helping a stranger, or families caring for one another when everything seemed lost.

Today, Peace is still here, though it is not always easy to see. It lives in agreements between countries to end conflict, in classrooms where children of different cultures learn side by side and in communities rebuilding their lives after hardship. Peace is present in every decision to be kind, understanding and patient. Though it can sometimes be hard to find, it is always waiting-ready to grow whenever we make space for it.

Yuvika Khemka (IX C)



#### Peace Amidst Chaos

"The path to peace and harmony is often paved with the storms of conflict we wish to avoid." As ironic as it may sound, this contradiction is a harsh reality of the modern world.

Peace, by definition, suggests a state of harmony and stability-far removed from the bloodthirsty cries of war. The paradox of peace, however, lies in a haunting contradiction: that in our pursuit of peace, we sometimes resort to hatred to protect the ones we love.

As human beings, we are capable of immense love-and even greater cruelty. Ironically, the desire for peace often becomes the very foundation upon which prolonged wars are built. The complexity of human nature thrives on hypocrisy; so much so that even peace agreements can end up silencing marginalised groups, thereby reigniting conflict. This results in a meta-paradox: peace, intended to unify, can become a source of division.

Furthermore, peace offers no universal incentive for unity. It is a subjective experience, with layers and dimensions that differ across cultures, histories and individuals.

The way I see it, true peace is the courage to face the storms within ourselves-and from the ashes of conflict, to craft the soft whispers of understanding. After all, it's only fair to do justice to such a profound word: peace.

Riddhima Baid (XII C1)

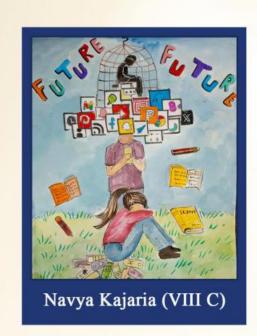
#### Whispers of Peace in a Digital Storm

In a world of screens so bright,
We type and talk from morn to night.
But peace is not something we always seeIt lives in the quiet, where our minds feel free.

A message sent with thought and care, A gentle word, with love to share. Amidst the noise, let's stay calm and still, And spread around some peace and goodwill.

So let's slow down, take time to breathe, Find peace in moments-and truly believe-That in this fast-paced world, we hold the key To living in peace-both you and me.

Pehel Bajaj (VII D)



#### **Blurry Minds Messy Thoughts**

In the whirlwind of everyday life, we often forget to turn inward and care for ourselves. Our lives have become so cluttered and dependent on technology that many of us live in a constant state of anxiety, anger, exhaustion and sadness. We are so caught up in observing and comparing ourselves with others that we lose sight of our own happiness and forget to live fully.

While we cannot control the actions or thoughts of others, we can control how we respond. At every juncture, life presents us with a choice. In such a scenario, it becomes essential to avoid negativity and dismiss sarcastic or thoughtless comments from others.

After all, our flaws and imperfections are what make us unique-they shape our identity and beauty. To lead a truly harmonious life, we must focus on the bigger picture. This can be achieved by practicing mindfulness, meditation and also by cultivating self-love.

These habits not only reshape our perspective on life and its unfolding mysteries but also help us create joyful and lasting memories. When we are at peace within, we are better equipped to handle hardships and challenges.

Striving for peace may not be easy but it is always worth it.



Shivika Beriwala (VIII D)

# Prachi Bajoria (III D)

#### Peace in the Classroom

A peaceful learning environment is very important for every student. We can start by learning to take care of our belongings and also the school property. We should be kind and polite. We should not argue or fight with our teachers and friends. We should not bully anyone. We should practice yoga and meditation. This will help us to be patient and also control our anger. Lastly, we should share our things with everyone and help others in need to make our classroom peaceful.

Saanvi Chomal (IC)



#### **Peaceful Superpower**

If I had the superpower to spread peace, I would start by making sure that there were no weapons to hurt and everyone was safe. I would bring leaders from all countries together to help them communicate and understand each other better. With my powers I would take away fear, hatred and jealousy and replace them with respect and love. I will assist people in resolving conflicts without violence so that families and communities can stay together. I would make sure that every child has food, education and health care, giving them hope for the future. I would heal the environment by making clean and beautiful places for everyone. Lastly, I would give everyone the power to listen and talk kindly to one another, thus making peace a way of life for all.

Tanisi Bajaj (II D)

#### Superpower to Spread 'Peace'

If I had the superpower to spread peace, I would help people be kind to each other. I would make sure that everyone is happy and no one is sad or angry. If people started to fight, I would calm them down. I would help children at school to be good and not bully each other. If anyone feels lonely, I would send them love, so that they feel better. I would make families understand each other and solve problems together. I would make sure that people are kind and no one is mean. I would also make sure that animals are safe and happy. People from different walks of life would peacefully work together. With peace everywhere, the world will be a better place for everyone.

Divya Gupta (II A)





#### Peace

She-whom others see as white-To me, she was the darkness, Not the light.

People see her adorned in light, But I see her cloaked in the night.

Her hair-lush and dark,
Her skin-clear and radiant,
Her clothes-rich, opulent and extravagant,
Her eyes-bright, yet distant and bleak.

I see her in rain and thunder, In dreams and nightmares, In summer and in winter.

For everyone, she changes-shape, size, appearance, age and sex. They find her in different places. So tell me this-

Am I truly so wrong
To see her in this light?

Maitri Dhaka (IX A)





#### আমার অনুভবে শান্তি

শান্তির অভিধানগত অর্থ চিত্তের স্থিরতা। শান্তির এই গভীর অর্থ বোঝবার মতো বোধ আমার এখনো পর্যন্ত তৈরী হয়নি। তাই আমার প্রতিদিনের জীবন থেকেই শুরু করতে চাই।

সকালবেলায় ঘুম থেকে উঠে মায়ের হাসিমুখ দেখলে মনে হয় কত শান্তি। বাগানে ফুলের সমারোহের সঙ্গে উড়ন্ত প্রজাপতিদের দল আমাকে শান্তির স্বাদ দেয়। ছুটির দিনে বাবা মায়ের সঙ্গে বেড়াতে গেলে মনটা আনন্দ এবং শান্তিতে ভরে ওঠে। বেড়াতে গিয়ে বরফে ঢাকা পাহাড়ের সামনে দাঁড়ালে, নদীর কুলকুল করে বয়ে চলা দেখলে, পাখির গান শুনতে পেলে মন শান্ত হয়ে যায়। রাতের বেলায় ঘুমের সময় রূপকথার গল্প বা অন্য কোনো গল্প মনটাকে শান্তির দেশে নিয়ে যায়। যখন নাচের চর্চা করি তখন শান্তিতে মনটা ভরপুর হয়ে ওঠে। আর স্কুলের কথা কি বলবো? বন্ধুদের সঙ্গে হাসি ঠাট্টা, খুনসুটি, মাননীয়া শিক্ষিকাদের হাসিমুখ, স্কুলের বিভিন্ন কাজকর্ম, সবই শান্তির বাতাবরণ তৈরি করে।

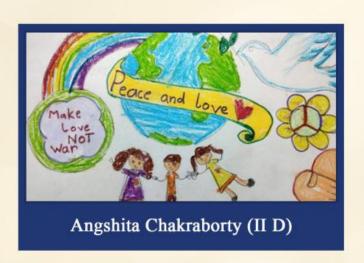
'যুদ্ধ নয়, শাস্তি চাই' — এই স্লোগানটি খবরের কাগজে, মিছিলে শুনতে পাই। আমি এখনো এতটা বুঝতে পারি না, কিন্তু মনে মনে কবির সঙ্গে প্রার্থনা করি "বরিষ ধরা-মাঝে শাস্তির বারি"।

> আভেরী ভট্টাচার্য পেঞ্চম শ্রেণি, বিভাগ - খ)

#### পৃথিবীর স্বপ্ন

শান্তিই হলো মানবতার সর্বোচ্চ সাধনা। শান্তি চাইলে প্রথমে নিজের মনকে শান্ত করতে হবে। হিংসা নয়, হাসিই হোক আমাদের স্লোগান। শান্তির পথে সহিষ্ণুতা ও সম্প্রীতির বীজ বপন করতে হবে। যুদ্ধ করে নয়, বুদ্ধি ও যুক্তি ব্যবহার করে সমস্যার সমাধান করতে হবে। শান্তিই হলো সুখের চাবিকাঠি। সকলের মনে শান্তি সঞ্চার করা উচিত। শান্তির পথে অহিংসাই সর্বশ্রেষ্ঠ অস্ত্র। শান্তিপূর্ণ বিশ্ব গড়তে সকলেই যেন একত্রিত হই। শান্তিই হলো সুন্দর পৃথিবীর স্বপ্ন।

> আদ্রিকা দত্ত ( চতুর্থ শ্রেণি, বিভাগ - ঘ)



#### সমাজে শান্তি রক্ষা

শান্তি হলো সামাজিক বন্ধুত্ব এবং সম্প্রীতির একটি ধারণা যেখানে শত্রুতা ও হিংসার কোনো জায়গা নেই। জাতি, ধর্ম, বর্ণ নির্বিশেষে গোটা বিশ্বে শান্তি ও ভ্রাতৃত্ব প্রতিষ্ঠার জন্য সব দেশ মিলে জাতিসংঘ প্রতিষ্ঠা করে। জাতিসংঘ ২৬শে সেপ্টেম্বর তারিখটি বিশ্ব শান্তি দিবস হিসেবে ঘোষণা করে।

কিছু মানুষ নিজেদের স্বার্থ ও ক্ষমতা রক্ষার জন্য সমাজে, দেশে, এমনকি পুরো পৃথিবীতে হিংসা ছড়িয়ে যুদ্ধ সৃষ্টি করে। যুদ্ধের ফল কখনো ভালো হয় না। যুদ্ধ সবসময় মানুষ ও সমাজের জন্য ক্ষতিকর। তাই জাতি, ধর্ম, বর্ণ নির্বিশেষে আমাদের উদার মনের হতে হবে। সবসময় যাতে আমাদের চারিপাশে শান্তি থাকে তাই সবার মন থেকে হিংসাকে দূরে রাখতে হবে। তবেই পুরো পৃথিবীতে শান্তি বজায় থাকবে।

> আদ্রিকা হাজরা (চতুর্থ শ্রেণি, বিভাগ - খ)





### অশান্তির আহ্বান

হতে পারে কি মানবসমাজে সবাই একান্নবর্তী ? এই হিংস্র বিশ্বেরই মাঝে স্বপ্ন কি হয় সত্যি ?

শান্তি যে এক দূর ভাবনা, মিথ্যে ও কাল্পনিক। শান্তির খোঁজে যদি যায় ডুবে সচেতন নাগরিক?

চোখ বুজে থেকে, মখমলে ঢেকে, শান্তি কি খুঁজে পাই ? তার থেকে ভালো, নিভিয়ে সে আলো, চল রণভূমি যাই।

কতদিন শান্তির বুদুদে রাখা যায় নিজ মন ঘিরে? দুর্নীতি অগ্রাহ্য করে কি কেউ চাইবে না ফিরে?

মেকি শান্তির অজুহাত দিয়ে, হয়ে গিয়ে বোবা-কালা, দৈনিক জাঁতাকলে পড়ে মোরা প্রতিবাদে দিই তালা।

শান্তির শুদ্রবর্ণ ধ্বজা, রক্তবর্ণ গগনে। ক্লান্তির চিহ্নে পুড়ছি মোরা, নিভন্ত মনের আগুনে। হার মেনে নিয়ে, ধ্বজা উড়িয়ে, পাবে শান্তির দিন ? কন্টকশয্যায় নিদ্রা তোমার হবে দুঃস্বপ্রহীন ??

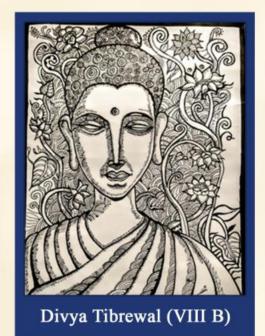
একাকী এই পায়রাকে কি লাগছে মানানসই ? মানুষের এই ক্রোধের মাঝে শান্তির বাণী কই ??

মাথা তুলে আজ দাঁড়াও, সমাজ, শোনো হে জনগণ, শান্তির তুরে শংকা করে যে, সে-ই হল সচেতন।

অপেক্ষা কিসের ? সবাই মিলে শক্ত করো মন, নয়ন মেলে বর্জন করো শান্তির প্রহসন।

থাকবো না আর শান্ত হয়ে, গাও আগমনী গান। পাষাণের এই জগতে হোক অশান্তির আহ্বান।

আনন্দিনী সেনগুপ্ত ( একাদশ শ্রেণি, বিভাগ - কলা )



### একান্ত কাম্য

আমার শুদ্র শীতল অস্তিত্বের স্নিগ্ধতা, মায়ার মৃদু পরশ মেখে আনে অন্তরের কোমলতা। শেখায় কেমন করে ধৈর্য ক্ষমা দয়ায় পৃথিবীর সব দ্বন্দ্ব বিভেদ হারায়। আমার স্পর্শে জাগে নতুন আশা, মানবতার বুকে বয়ে আনে স্নেহ ভালোবাসা। তবুও জড়িয়ে হিংসা, দ্বেষ, প্রবৃত্তির জালে, মানুষ দিকে দিকে যুদ্ধ আর ধ্বংসের আগুন জ্বালে। নিছক কিছু স্বার্থ, ক্ষমতা ও পার্থিব সুখের আশায়, মনুষ্যত্ব বিসর্জন দিয়ে আমাকে ত্যাগ করে অবহেলায়। সব প্রলয় শেষে যখন শূন্য থাকে হাত, চারিদিকে ছড়িয়ে থাকে শুধু মৃত্যু ,যন্ত্রণা আর দুর্বিষহ আঘাত। মরিয়া হয়ে উঠে তারা আকুল হয়ে খোঁজে আমায়, সেই কতকাল ধরে যুগে যুগে আমাকেই তো পেতে চায়। সব হানাহানি দুন্দু শেষে আসে চরম উপলব্ধি, আমিই পরম কাম্য ,আমি শান্তি ,আমি অন্তিম সত্যি।

> আশনা বসাক (নবম শ্রেণি, বিভাগ - ঘ)

### আমরা শান্তি কেন চাই

আমরা সবাই শান্তি চাই, যাতে ঘরে, বাইরে, সব জায়গায় সবাই সুখে শান্তিতে থাকে। একে অপরের সঙ্গে বাগড়া করলে, মারামারি করলে, সবার মন খারাপ হয়ে যায়। মনে শান্তি না থাকলে কোনো ভালো কাজ করা যায় না। পড়াশোনা করতে ইচ্ছে করে না, কেউ কারুর সঙ্গে ভালো ব্যবহার করে না ও কারুর সঙ্গে কথা বলতে ইচ্ছে করে না। আমাদের মনকে খুশি রাখার জন্য শান্ত থাকা দরকার। সবসময় শান্তি থাকলে সবাই সন্তুষ্ট হয়। নিজের সব কাজ ভালো ভাবে করতে পারে।

আলিনা চৌধুরী ( তৃতীয় শ্রেণি, বিভাগ - ক )





### শান্তি কি সম্পূর্ণ ভাবে বাস্তবায়ন করা সম্ভব?

শান্তি মানব ইতিহাসে সবসময়ই এক অমূল্য আদর্শ হিসেবে বিবেচিত হয়েছে, যা প্রতীকায়িত করে সম্প্রীতি, স্থিতিশীলতা এবং সহাবস্থানকে। তবে আমাদের পৃথিবীর অবিরাম সংঘাত, বৈষম্য এবং উত্তেজনা প্রায়ই প্রশ্ন তোলে: শান্তি কি শুধুই এক অবান্তব ধারণা? যদিও পরিপূর্ণ শান্তির আকাজ্কা আদর্শবাদী মনে হতে পারে, এর সাধনা একটি গুরুত্বপূর্ণ এবং সম্ভবপর লক্ষ্য, যদিও এটি বড় চ্যালেঞ্জের মুখোমুখি।

শান্তিকে এক কাল্পনিক ধারণা মনে করার কারণ এর হাতছানি অতি দুরূহ বলে মনে হওয়া। ইতিহাস জুড়ে যুদ্ধ, রাজনৈতিক দৃন্দু এবং সামাজিক অস্থিরতার উদাহরণে ভরা, যা পরিপূর্ণ শান্তিকে অবাস্তব মনে করায়। মানব প্রকৃতি, যার মধ্যে জটিলতা বিদ্যমান, প্রায়ই লোভ, ক্ষমতার লড়াই এবং ভিন্ন মতাদর্শের কারণে সংঘাতের দিকে কোঁকে। তদুপরি, দারিদ্র্য, অবিচার এবং বৈষম্যের মতো কাঠামোগত সমস্যাগুলো সহিংসতার চক্রকে অব্যাহত রাখে, যা দীর্ঘস্থায়ী শান্তি অর্জনকে কঠিন করে তোলে।

তবে শান্তিকে অসম্ভব ভেবে বাতিল করা মানবতার উন্নতির ওপর আ<mark>লো</mark> ফেলতে ব্যর্থ হয়। জাতিসংঘের মতো আন্তর্জাতিক প্রতিষ্ঠান এবং শান্তি চুক্তির মতো উদ্যোগ প্রমাণ করে যে শান্তি, যদিও চ্যালেঞ্জিং, সম্পূর্ণরূপে অধরা নয়। সাম্যের জন্য সামাজিক আন্দোলন, পরিবেশগত স্থায়িত্ব এবং মানবাধিকারের প্রচারও আরও শান্তিপূর্ণ সমাজের পথ প্রশস্ত করেছে।

শান্তির ধারণাটিকে স্থির অবস্থা হিসেবে নয়, বরং একটি গতিশীল প্রক্রিয়া হিসেবে দেখা উচিত। এটি ব্যক্তিগত, সামাজিক এবং বৈশ্বিক স্তরে ক্রমাগত প্রচেষ্টা, সংলাপ এবং আপসের প্রয়োজন। যদিও পরম শান্তি-যেখানে কোনো সংঘাত থাকবে না-হতে পারে কাল্পনিক, আপেক্ষিক শান্তি, যা সহিংসতা হ্রাস এবং পারস্পরিক বোঝাপড়ার বৃদ্ধি দ্বারা চিহ্নিত, তা অর্জনযোগ্য। এর জন্য দরকার সংঘাতের মূল কারণ, যেমন দারিদ্র্য এবং বৈষম্য মোকাবিলা করা এবং বিভিন্ন গোষ্ঠীর মধ্যে সহানুভূতি ও পারস্পরিক শ্রদ্ধা বৃদ্ধি করা।

সর্বশেষে, মানব যোগাযোগের জটিলতা এবং কাঠামোগত সমস্যার কারণে শাস্তি কাল্পনিক বলে মনে হতে পারে, কিন্তু এটি অজেয় নয়। এটি এক সাধনার যোগ্য লক্ষ্য, যা সন্মিলিত ইচ্ছা, অবিচল প্রচেষ্টা এবং ন্যায়বিচার ও সাম্যের প্রতি প্রতিশ্রুতির প্রয়োজন। শাস্তিকে একটি যৌথ দায়িত্ব হিসেবে গ্রহণের মাধ্যমে মানবতা এমন এক পৃথিবীর দিকে অগ্রসর হতে পারে যেখানে সম্প্রীতি বিজয়ী হয়।

> আদৃতা মল্লিক ( একাদশ শ্রেণি, বিভাগ - কলা )

### শান্তির সন্ধানে

আমায় তোমরা চাও পেতে মনের মধ্যে লোভ নিয়ে, আমায় তোমরা যাও কিনতে অর্থ কড়ির বিনিময়ে, আমায় তোমরা বাঁধতে চাও অহং শক্তির দম্ভ দিয়ে, আমায় নাকি পাওয়া যায় মানুষ মারার লব্ধ জয়ে!

বিশ্বজুড়ে বিদ্বজ্জনে আমার স্বরূপ যাচ্ছে খুঁজে,
চর্চা -সভায় সময় কাটে বইয়ের মাঝে মুখ গুঁজে।
মন্দিরে নয়, মসজিদে নয়, নয় রাজ সিংহাসনে,
আমি থাকি মানবজাতির সং চিন্তা ভরা বিমল মনে।
আমি আছি শিশু- কোলে মায়ের স্নেহভরা কঠস্বরে,
আমি থাকি তার হৃদয়ে যে পরকে সদা রক্ষা করে,
বিপদে যে হাত বাড়িয়ে অসহায়ের হাতটি ধরে,
আমার বাস সেইজনেরই সরল সোজা অন্তরেতে॥

ঈশিকা দাস (নবম শ্রেণি, বিভাগ - খ)

### আমার শান্তি

শান্তি মানবজীবনের এক অমূল্য সম্পদ, যা শুধু বাহ্যিক সংঘর্ষের অনুপস্থিতিকে বোঝায় না, অন্তরের প্রশান্তিকেও বোঝায়। শান্তি আমাদের মনোবল বৃদ্ধিতে ও সকলের সঙ্গে সম্পর্ককে আন্তরিক করে তুলতে সাহায্য করে। এই পৃথিবী দুই বিশ্বযুদ্ধের সাক্ষী হয়েছে। যুদ্ধের ব্যাপক ধ্বংসলীলা, মানুষে মানুষে হানাহানি আমার মনকে রুধিরাক্ত করে। আমি প্রার্থনা করি যেন এই পৃথিবীতে যুদ্ধের দামামা আর শোনা না যায়। মানুষে মানুষে বন্ধন আত্মিক আর আন্তরিক হলে সব সমস্যার সমাধান সম্ভব বলেই আমার মনে হয়। বার বার শান্তির বাণী নিয়ে এই পৃথিবীতে বুদ্ধ, যীশু প্রমুখ মহাপুরুষেরা এসেছেন। তাঁদের দেখানো পথে আগামী যুগে পৃথিবী পরম শান্তিতে পরিপূর্ণ হয়ে উঠবে। আগামী দিনের জন্য আমি এই কামনা করি।

অনুসৃতা রায় ( তৃতীয় শ্রেণি, বিভাগ - খ )





### মায়ের ভালোবাসা

আমার জীবনে শান্তি প্রচারকারী মানুষ হল আমার মা। মা আমার শান্তি প্রচারকারী মানুষ কারণ মা আমকে সব বিপদ থেকে রক্ষা করেছে। মা না থাকলে আমার ভুল গুলি ঠিক হতো না, ভুলগুলি ভুল থেকে যেতো<mark>। মা আছেন বলে আমি আর ওই ভুল গুলো করি না। আমি আমার সব প্রজেক্ট</mark> সময়মতো জমা দিতে পারি। মা আমাকে <mark>আমার পড়াশোনাকে সহজ</mark> করে বলে দেয়। আমি <mark>পরীক্ষাতে ভালো নম্বর পেতে পারি</mark>। তা না হলে হয়তো পড়াশোনাতে ভালো হতাম না।

আমার জীবনের প্রতিটি পদক্ষেপে, তিনি আমাকে সমর্থন করেন এবং আমাকে উত্সাহিত করেন। দিন হোক বা রাত হোক সব সময় আমার জন্য আছেন যে কোন অবস্থাতেই। তদুপরি, তার প্রতিটি কাজ, অধ্যবসায়, নিষ্ঠা, আচরণ আমার জন্য অনুপ্রেরণা। আমি যখনই পড়াশোনায় আটকে যাই আমার মা আমাকে সাহায্য করেন। তিনি আমাদের পরিবারের জন্য কঠোর পরিশ্রম করেন এবং আমাকে অধ্যবসায়ের মূল্য শেখান। তিনি সদয় এবং ধৈর্যশীল, এবং তিনি সর্বদা জানেন যে আমি যখন দুঃখিত হৈ বা মন খারাপ করি তখন কীভাবে আমাকে আরও ভাল বোধ করানো যায়। আমার মা আমারে একজন ভাল মানুষ হতে এবং অন্যদের সাথে দয়া ও সন্মানের সাথে আচরণ করতে উত্সাহিত করেন। আমার মা আমার জীবনের সবচেয়ে অনুপ্রেরণাদায়ক ব্যক্তি। তিনি আমাকে কেবল কঠোর পরিশ্রম, অধ্যবসায় এবং সমবেদনার মূল্যবোধই শেখাননি বরং সমর্থন এবং উত্সাহের একটি ধ্রুবক উত্সও হয়েছেন। আমার প্রতি তার অদম্য বিশ্বাস আমাকে আমার লক্ষ্য অর্জনের জন্য প্রয়োজনীয় আত্মবিশ্বাস তৈরি করতে সাহায্য করেছে।আমার মা আমার সমগ্র জীবন জুড়ে ক্রমাগত আমাকে সমর্থন করেছেন, যখনই আমি বিপদে পড়ি বা এমন পরিস্থিতিতে যেখানে আমি আটকে থাকি, তিনি সর্বদা আমার জন্য ছিলেন, আমাকে রক্ষা করেছেন এবং আমাকে গাইড করেছেন। তিনি আমার প্রিয় শিক্ষক যিনি আমাকে জীবন এবং এর সৌন্দর্য সম্পর্কে শিখিয়েছেন। তিনি আমাকে আমার বাড়ির কাজে সাহায্য করেন এবং আমরা সবাই একসাথে আমাদের ডিনার করি। আমাদের দিন একসাথে শেষ হয় যখন ঘুমানোর সময় হয়, এবং আমার মা আমাকে বিছানায় টেনে নিয়ে তাঁর সুন্দর কন্তে সুন্দর গল্প পড়ে শোনান।

প্রত্যুষা ধারা ( ষষ্ঠ শ্রেণি, বিভাগ - গ )

### ডিজিটাল যুগে শান্তি

বর্তমানে ডিজিটাল যুগে প্রযুক্তিবিদ্যা আমাদের ব্যাবহারিক জীবনে অপরিসীম সুযোগ-সুবিধা এনেছে। কিন্তু এর সাথে এসেছে নতুন নতুন সব চ্যালেঞ্জ। সামাজিক মাধ্যম, ই-মেল এবং বার্তা আদান-প্রদানের সহজলভাতা মানুষের মধ্যে যোগাযোগ ব্যবস্থাকে সুন্দর ভাবে বাড়িয়ে তুলেছে। কিন্তু এই ব্যবস্থায় অনেক সময় নানা বিভ্রান্তির সৃষ্টি হয়। ডিজিটাল জগতে শান্তি রক্ষা করতে গেলে আমাদের সচেতন হয়ে আচরণ করতে হবে। অনলাইন হয়রানি, মিথ্যা তথ্য সম্প্রচার এগুলি বন্ধ করতে হবে। মানুষের প্রতি ইতিবাচক ব্যবহার, সহানুভূতিশীল মনোভাব ডিজিটাল জগতে শান্তির মূল মন্ত্র। ডিজিটাল জগতকে ব্যবহারের উপযুক্ত করে তুলতে হলে সবাইকে দায়িত্বশীল হতে হবে। তবেই দিনে দিনে সাফল্য আমাদের কাছে ধরা দেবে। ডিজিটাল দুনিয়ার উপযুক্ত ও সঠিক ব্যবহার ভবিষ্যতের প্রজন্মকে আরো সমৃদ্ধ করে তুলবে।

রূপকথা চাটার্জী (সপ্তম শ্রেণি, বিভাগ - খ)

### মা

যখন আমি অনেক ছোটো প্রথম স্কুলের দিন, মনে পড়ে ভয়ে ভয়ে কষ্টে সারাদিন -কাটিয়ে স্কুলে ছুটি পেয়েই ছুট্টে মায়ের কোলে কী যেন এক শাস্তি ছিল থাকলে মাকে ছুঁয়ে। একটু যখন বড় হলাম,কেটে গেল ভয়, সবাই তখন অনেক প্রিয় বন্ধু বা পরিজন। তবুও যদি কষ্ট পেতাম দুঃখ যদি হয়-মায়ের কাছে যে শান্তি, তা অন্য কারো নয়। দুঃখ-সুখে, ভালোবাসায়, জয়-পরাজয় সবার আগে মাকে শুধু পাশে পাওয়া যায়। মনে পড়ে, সেবার যখন হয়েছিল জুর পরীক্ষা ঠিক পরের দিনই কী করব আর। ভাবলাম, এবার বুঝি পরীক্ষাতে পারবনা কিছুই সেদিন রাতে কেঁদেছিলাম মায়ের কোলে এসে মা তখন বৃঝিয়েছিল অনেক ভালবেসে জীবন মানে সুখ-দৃঃখ, কান্না-হাসির খেলা; চোখটা মুছে হাসি মুখে ঘুমিয়ে পড় এই বেলা। এখন আমি একটু বড় অনেক কিছু বুঝি <mark>মায়ের বুকে আমি আমার শান্তিটুকু খুঁজি।</mark> বিপদ - আপদ দৃশ্চিন্তা আসে আসুক যা -পাশে আছে আমার জীবনে শান্তিদায়ী মা।

> মুগ্ধা ভট্টাচার্য ( ষষ্ঠ শ্রেণি, বিভাগ - গ )





### আমার জীবনে শান্তি প্রচারকারী মানুষ

আমার জীবনে আমার ঠাকুমাই আমার শান্তির জায়গা। রোজকার পড়াশুনোর পর যখন ক্লান্ত হয়ে যাই, তখন তাঁর কথা মনে পড়ে। সারাদিনের পরে যখন আমি বাড়ি ফিরি, তখন বারান্দার বাইরে যে ঘরটা সেটা আমাকে খুব টানে। তখন খুবে ইচ্ছে করে আমি সব ফেলে ওই ঘরটায় ছুটে যাই আর আমার প্রিয় মানুষটাকে জড়িয়ে ধরি। মেঘলা দিনে যেমন এক চিলতে রোদের জন্য বসে থাকি, সেইরকম সারাদিনের ক্লান্তির পর আমার ঠাকুমার ভালবাসা আমাকে শান্তি দেয়। রোজকার জীবনে আমি প্রচুর মানুষের সংস্পর্শে আসি কিন্তু ঠাকুমার একটা বালক পাওয়ার জন্য মনটা ছটফট করে। অনেকদিন মায়ের ওপর রাগ হলে খেতে চাইনা। তখন আমার ঠাকুমা আমাকে পাশে বসিয়ে ভালবেসে নিজের হাতে খাইয়ে দেন। কিন্তু আমার মাঝে মধ্যে খুব ভয় করে। রোজ দেখি ঠাকুমার চুলগুলো পেকে সাদা হয়ে যাচ্ছে, সে যেন চুপচাপ হয়ে যাচ্ছে, কম কথা বলছেন। তাই এখন রোজ স্কুল থেকে ফিরে আগে ঠাকুমার ঘরে যাই, বসে মন খুলে স্কুলের সব গল্প করি। আমার মনের সব কথা তাঁকে বলি। তিনি মন দিয়ে সমস্ত কথা শোনেন আর মুচকি হেসে গাল টিপে আমাকে আদর করেন। ঠাকুমা তাঁর প্রত্যেক আদর, ভালবাসা, স্বেহ আর তাঁর বক্তব্য দিয়ে আমাকে শেখান যে, জীবনের পথে চলার যে লড়াই সেটা মাথা ঠাণ্ডা রেখে শান্ত ভাবেই লড়া যায়, জেতা যায়। আমার জীবনে সব থেকে শান্তি প্রচারকারী মানুষ হলেন আমার ঠাকুমা।

প্রিয়দর্শিনী বিশ্বাস ( ষষ্ঠ শ্রেণি, বিভাগ - খ )





Creative Section

### जीवन की कस्त्री

शांति है आत्मा का गुड़ पर क्यों मनुष्य खोकर बैठा है इसे?

जैसे कस्तूरी की तलाश में मृग यहाँ वहाँ भटकता रहता है, वैसे ही शांति की खोज में कई बार पूरा जन्म ही ख़त्म हो जाता है। लगता है यह चीज़ ख़रीद लू तो शांति मिलेगी, यह खा लू या फिर यह पहन लू तो शांति मिलेगी। पर शांति ऐसी है जो महसूस कर लो तो तुम्हारी और नहीं तो ढूंढते ढूंढते जीवन कम पड़ जाता है। कमाल की बात तो यह है कि मनुष्य में इस गुड़ की प्रवेशता से उसका जीवन शांतिमय हो जाता है। अगर हर एक मनुष्य इसकी महत्ता को समझे, तो एक से सौ और सौ से हजारों का परिवर्तन करने में समय नहीं लगेगा। फिर क्या! विश्व का निर्माण तो हमसे ही है।स्वपरिवर्तन से विश्व का परिवर्तन निश्चित है। आज जो चारो ओर युद्ध की लहर है, इसका मुख्य कारण मनुष्य के अंदर का अहंकार और शांति की कमी ही तो है।युद्ध में सैकड़ों मरते हैं, कितनों के अपने उन्हें हमेशा के लिए छोड़ कर चले जाते हैं, पर फिर भी मनुष्य अपने आसुरी अवगुड़ों को छोड़ता नहीं है।

मेरी सभी से यही प्रार्थना है कि अपने अंदर शांति का गहरा दीप जलकर विश्व को प्रज्ज्वलित करें ताकि हम सभी भाईचारे के सूत्र में सदा बंधे रहें।

### आस्था जीवानी (VIII C)

### शांति

शांति सबको प्रिय होती है, अगर इसे बनाए रखें तो न होंगे युद्ध, न ही कोई पंगे, इसे अपनाने से ख़त्म हो जाएँगे सारे दंगे।

शांति सबको प्रिय होती है, है यह एक बहुमूल्य प्रेम की मोती जैसा। बनाए रखो तो मन खुश रहता है, और भंग कर दो तो यह तुरंत चली जाएगी, ऐसा कृष्ण कहते हैं।

शांति सबको प्रिय होती है, अगर दोनों पक्षों में झगड़े सुलझ गए होते तो पांडवों और कौरवों को उलझ कर इसे भंग नहीं करना पड़ता, और महाभारत युद्ध न लड़ना पड़ता।

शांति सबको प्रिय होती है, अभी समय है समझ जाओ वरना हालात समझने लायक नहीं बचेंगे, पृथ्वी रहने लायक नहीं बचेगी! पृथ्वी रहने लायक नहीं बचेगी!

### अदिति सकसरिया (IX C)

### शांति की धुन

शांति की लहरें, जैसे सागर की गहराई, हर मन में बसे, प्रेम की सच्चाई। दूर हों सारे खौफ, बिखरे प्रेम के रंग, मिलकर हम बनाएँ, एक मधुर गीत का संग। हवा में हो मिठास, चिड़ियों की चहचहाट, साथ चलें सब मिलकर, न हो कोई अनजान। हर आँख में चमक, हर दिल में हो उमंग, शांति की धुन पर, गूंजे सारा आँगन।

### अकांक्षा सिंह (VII C)









### हर क्षण जीना सीखो

हँस कर, शांति को हर क्षण जीना सीखो, धर्म, जाति और मज़हब की लड़ाई में स्वयं को। मत घसीटो, एक रहो सब और एकता का उपदेश दो, शांति रहे सब ओर इसका संदेश दो। प्रफुल्लित प्रकृति से शांति से रहने का तरीका सीखो, जैसे शांत मन और खुले दिल से प्रकृति के अंदर सब समाया है, फूलों की सुगंध और हरियाली ने, अशांति को शांति का पाठ पढ़ाया है। बड़े, बढ़े, बच्चे मिलकर करे शांति का व्यवहार, शांत वतन में रहने का एहसास भी है खास। हर कामयाब इंसान के पीछे है, उसका शांत स्वभाव। ख्वाइशों को नई उड़ान देता है शांति से किया गया विचार, शांत मन और शांत ही है जीवन का आधार।

### अनवि दमानी (VB)

### शांति की छाँव

पेड़ की छाँव में जैसे हो ठंडी हवा शांति का ऐसा हो आसरा। जहाँ न हो कोई कलेश की राह, सपनों में हो सुकून की चाह। हर दिल हो जैसे निर्मल झील, जिसमें बसती हो शांति की सिल। न कोई संघर्ष, न कोई डर, बस प्रेम का हो हर ओर असर। दुनिया हो जैसे उपवन हरा,

दुनिया हो जैसे उपवन हरा, हर कदम हो फूलों से भरा। जहाँ न हो आवाज़ें कड़वी, बस मीठी धुनें हर ओर बिखरी।

आओ हम सब मिलकर चलें, शांति का दीप हर दिल में जलाएँ, इस धरती को स्वर्ग बनाएँ, श्रद्धा और प्रेम से जीवन सजाएँ।

दिति बेगवानी (VII C)

### मन की शांति

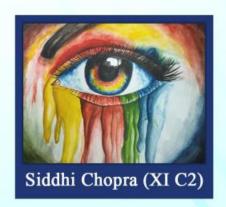
क्या तुम्हें पता है? मन की शांति कहाँ है? दिरद्र की दिरद्रता दूर करने में, भूखे को खाना खिलाने में, असहाय को सहारा देने में, दुखी के आँसू पोछने में, जरूरतमंदो की सेवा करने में आती है। मन की शांति मन की शांति से होती है परम सुख की प्राप्ति।

अविका ठाकुर (III D)

### मेरे पापा

सुबह को स्कूल जाते वक्त कहती हूँ मैं पापा को अलिवदा, जी करता मेरा छुपकर रोने का। जब दोपहर में मैं घर आती हूँ वापस, नहीं होते हैं पापा मेरे पास। पूरे दिन की थकावट के बाद जब आते हैं वो, मेरे लिए ढेर सारा प्यार और चीज़ें लाते हैं वो। उन्हें देखकर मिलती है मेरे मन को इतनी शांति, जैसे सूखी ज़मीन को मिल गया हो पानी। मुझे जब वह गले लगाते, भूल जाती हूँ मैं दुख सारे। मिलता है मुझे इतना सुकून, जैसे पतझड़ में खिला एक फूल। भर जाता है मेरे आँखों में पानी, पापा को गले लगाकर मिलती है मुझे इतनी शांति

चहक तौरानी (IV D)







### अगर, हम शांति बनाए रखते

'कृपया शांति बनाए रखें ॥' जीवन की भागा - दौड़ी में, लगते हैं सब व्यस्त और थके। हर तरफ मचे हुए हल्ले में, 'कृपया शांति बनाए रखें।'

अस्पताल में डॉक्टर और नर्स, मरीज के चिंतित परिवार से कहते, वहीं पुस्तकालय में लाइब्रेरियन, वहाँ बैठे पुस्तक प्रेमियों से कहती, 'कृपया शांति बनाए रखें।'

मंदिर में दर्शन के समय, पुजारी सब भक्तों से कहते, विद्यालय में अध्यापक-अध्यापिकाएँ, छात्र-छात्राओं से कहते, 'कृपया शांति बनाए रखें।'

संसद में स्पीकर, बहस एवं शोर मचाते सांसदों से कहते, माँ बच्चे को सुलाते वक्त, अपने परिवार वालों से कहती, 'कृपया शांति बनाए रखें।'

पंचायत में दो गुटों के झमेलों को सुलझाते पंच भी कहते, कोर्ट में दो पक्षों के वकीलों से जज ऑडर करके कहते, 'कुपया शांति बनाए रखें।"

परन्तु, देश की सीमाओं पर, नहीं होते युद्ध सारे, निःस्वार्थ, वीर फौजी, नहीं जाते बेवजह मारे, अगर, "हम शांति बनाए रखते॥"

धन्यवाद

### ट्वीषा सिंघल (VII B)

### मेरे मन में उथल पुथल

कैसे पाऊँ शांति?

किया इसपर गहन अध्ययन-ना खुल सके किंतु ज्ञान-नयन। उपदेश बड़े सब ने फरमाये, सोचा, अब उन्हें ही आजमाये!

"अजी पूजा पाठ करो!"
ठीक है।
प्रार्थना करने का प्रयास किया,
पर ईश्वर के अलावा चतुर्दिक ध्यान गया।
"परोपकार करो!"
सो किया।
ख़ुशी हुई।
पर शांति...?
"धर्म के पथ पर चलो, कुकर्म न करो!"
बस! यहीं रह गया था!

मुझसे पूछो-सारा जीवन उसूल निभाते-निभाते जाने...कहाँ बीत गया? न्याय का साथ देने पर, किसने? शांति से किसने बैठने दिया?

मुश्किलों का सामना कर, कठिनाई का चुना पथ मैंने। पर क्या शांति मिली? क्या कठिनाई कम हुई? क्या कठिनाइयाँ ना होने का नाम ही शांति है?

ये तो सच है ना... कि बेईमान लोग ऐश की जिंदगी जीते हैं। ना कोई ज़हमत, ना उसूल और ना आदर्श निभाने का कोई सामाजिक दबाव, मदमस्त हो खाते-पीते हैं।

एक नज़र में लगता है- यही है शांति। क्या स्वाभिमान, शांति का हिस्सा है? एक आश्वासन? कि मैंने सत्कर्म किये हैं?

हाँ, शायदा बेईमानों का जिगर बाँस समान है। खोखला, सूना, शून्य, आत्मबला

परंतु जीवन के इस उतार-चढ़ाव में.. शांति पाना क्या सहज है?

अब हर कोई ब्रह्मचारी तो नहीं बन सकता है ना..

नीति जैन (XA)







### रत्नप्रभा

समय का चक्र तेज़ दौड़ता है। भ्रमित करता है, पर जी यहीं चाहे, कि हँसते मुस्कुराते प्रकृति के गोद में, अपने धुन में गुम हो जाए।

इस मोह-माया के विकराल जंजाल में, विद्वान सुजन है असल हीरे के ग्राही। उस पर शांति की ही तलाश में. घमते हैं मार्ग भटके राही।

जब श्वेत शशि की रजत रौशनी, पड़े वृक्षों के हरे-हरे तन पे, तब दिल की धड़कन चाहती है कि, खो जाए सपनों के वन में।

उस स्वप्नलोक में द्वेष कहाँ है? केवल स्निग्ध सुरों के प्रफुल्लित मिलन आत्मा- परमात्मा के संगम की राह है, धरित्री का यह अनमोल रतन।

### जीतीशा दत्त (IX D)

### शांति का अर्थ

शांति का अर्थ है मानसिक और सामाजिक संतुलन। यह न केवल व्यक्तिगत जीवन में, बल्कि समाज और देश के लिए भी बेहद महत्वपूर्ण है। शांति का संदेश हर धर्म और संस्कृति में पाया जाता है। जब हम शांति का अनुभव करते हैं, तो हमारा मन और आत्मा दोनों प्रसन्न रहते हैं।

शांति की कमी कई समस्याओं का कारण बनती है। युद्ध, हिंसा और आतंकवाद जैसी घटनाएँ शांति को भंग करती हैं। इसलिए, हमें यह समझना चाहिए कि शांति केवल युद्ध का अंत नहीं है, बल्कि यह एक सकारात्मक स्थिति है जिसमें सभी लोग एक-द्सरे के साथ सद्भाव से रहते हैं।

शांति की स्थापना के लिए संवाद और सहिष्णुता आवश्यक है। हमें एक-दूसरे के विचारों का सम्मान करना चाहिए और आपसी मतभेदों को दूर करने का प्रयास करना चाहिए। शिक्षा भी शांति का एक महत्वपूर्ण साधन है। जब लोग शिक्षित होते हैं, तो वे समस्याओं को समझदारी से हल कर सकते हैं।

अंत में, हमें व्यक्तिगत और सामाजिक स्तर पर शांति बनाए रखने की अपनी जिम्मेदारी समझनी चाहिए। एक शांतिपूर्ण समाज ही समृद्धि और विकास की ओर अग्रसर हो सकता है। इसलिए, शांति को अपनाना और फैलाना हम सभी का कर्तव्य है।

### काव्या डालमिया (VIIA)

### सच्ची शांति

आइजोल के शांत शहर में, किरण का बचपन प्रकृति के बीच बीता, जहाँ वह डिजिटल युग के तेजी से बढ़ते प्रभाव को देख रही थी। तकनीकी ने शुरुआत में उसे बहुत उत्साहित और प्रभावित किया, लोगों को जोड़ने में और अमृल्य जानकारी प्रदान करने में , लेकिन जल्द ही वह इससे अभिभृत हो गयी। उसके दोस्त एक-दूसरे के साथ समय बिताने की बजाय अपने फ़ोन पर ज़्यादा समय व्यतीत करते थे, और सूचनाओं की निरंतर तेज़ रफ़्तार से आती बाढ़ ने उसे बेचैन कर दिया था।

इससे बचने के लिए किरण ने एक "डिजिटल डिटॉक्स रिट्रीट" में भाग लिया, जहाँ प्रतिभागियों ने तीन दिनों तक अपने उपकरणों का उपयोग बंद करने का निर्णय लिया। श्रुआत में किरण को अपने फ़ोन के बिना कुछ लुप्त सा महसूस होता था, लेकिन धीरे-धीरे उसने साधारण खुशियों को फिर से खोज लिया - पक्षियों की चहचहाहट, गहरी बातचीत और वर्तमान में जीने की शांति।

अंतिम दिन झील के किनारे बैठकर विचार करते हुए किरण ने संतुलन के महत्व को महसूस किया। तकनीक समस्या नहीं थी बल्कि उसका अति उपयोग समस्या थी। वह आइजोल वापस एक नई सोच के साथ लौटी: डिजिटल दुनिया का सावधानी से उपयोग करना, सीमायें तय करना, और वास्तविक जीवन के संबंधों को प्राथमिकता देना। ऐसा करते हुए किरण ने शांति पाई, यह सीखते हुए कि डिजिटल युग में सच्ची शांति तभी संभव है जब हम अपने उपकरणों पर नियंत्रण पुनः प्राप्त करें।



Ruhani Agarwal (IV B)

प्रांशी प्रसारी (VII C)







# Creative Section

### Entre Rêves et Réalité

À 16 ans, la vie est pleine de bruit. La pression d'obtenir de bonnes notes, de s'intégrer, d'être toujours connectée et de sembler parfaite est partout. On dirait que je suis constamment en course, et parfois, je veux juste m'arrêter. Je veux trouver la paix mais dans un monde qui bouge tout le temps, il est difficile de comprendre ce que cela signifie vraiment.

Pour moi, la paix n'est pas quelque chose de grand et d'inaccessible. C'est dans les petits moments calmes où je peux être moi-même. Ce sont ces rares fois où je ne m'inquiète pas de mon apparence, de ce que les gens pensent de moi, ou de savoir si je fais assez. C'est quand je peux m'asseoir seule et me sentir bien avec qui je suis. Que ce soit en faisant une promenade, en écoutant de la musique, ou simplement en m'allongeant dans mon lit à penser, la paix est quand je peux simplement respirer et me sentir calme à l'intérieur

À l'école, trouver la paix peut être difficile. Il y a toujours quelque chose dont il faut s'inquiéter : les notes, les projets ou l'intégration avec tout le monde. Mais la paix, c'est ce sentiment après un examen difficile, quand je sais que j'ai fait de mon mieux, ou quand je passe du temps avec mes amis les plus proches et que nous rions des choses les plus stupides. Dans ces moments-là, je me sens en sécurité et c'est ce que la paix signifie pour moi.



Je pense aussi à la situation dans son ensemble. Chaque fois que je parcours les réseaux sociaux ou que je regarde les informations, je vois à quel point la souffrance et le chaos règnent. Parfois, cela semble accablant et je me demande : comment puis-je trouver la paix dans un monde si plein de conflits ? Mais je me suis rendu compte que la paix commence petit, en chacun de nous. Je ne peux peut-être pas changer le monde, mais je peux être gentil, écouter les autres et essayer de répandre la positivité. Même un petit acte de gentillesse peut apporter un peu de paix dans la vie de quelqu'un.

En découvrant qui je suis, j'ai appris que la paix ne signifie pas que tout doit être parfait. Il ne s'agit pas d'éviter le stress ou les problèmes, mais de trouver des moments de calme au milieu de tout cela. La paix, c'est accepter que je fasse de mon mieux, et ça suffit. C'est apprendre à m'aimer, avec mes défauts et tout, et savoir que je n'ai pas besoin de tout comprendre maintenant.

En fin de compte, la paix n'est pas quelque chose que l'on attend, c'est quelque chose que l'on crée. Ce sont les petits choix que nous faisons chaque jour : être gentil, ralentir, faire une pause quand nous en avons besoin. Pour moi, la paix, c'est savoir que même dans le chaos, il y a toujours un endroit calme où je peux revenir en moi-même. Et c'est quelque chose qui mérite d'être conservé.

Angana Sarkar (X C)

### Un Voyage pour la Paix

Mon cœur est fatigué Des rues grises, des bâtiments gris, De la ville grise et de la pluie-La pluie qui n'arrête jamais.

Alors je suis allée, je suis allée à La cabine téléphonique rouge sous la pluie Et j'ai appelé mon chef pour lui dire-"Je n'en peux plus. Je démissionne!"

J'ai pris un bus en transe, sans savoir Que d'où il est venu, d'où il va aller. J'ai fermé mes yeux et reposé ma tête Contre la fenêtre, mais les larmes ont refusé de tomber.

Puis, après une éternité, le bus a arrêté. Le conducteur m'a dit, "Madame, Vous devez descendre- nous sommes ici." Enfin, les larmes sont venues.

J'ai dit, "Je ne sais pas que d'aller, Que de faire, que de parler." Mais il a souri et il m'a dit de Une fée, qui vit à la campagne.

"Elle est la Terre, elle est le soleil, Elle est le ruisseau, elle est le vent. Elle est gentille et elle est sage. Elle va vous orienter sur votre voyage."

Nous avons voyagé, Raphael et moi, Au-dessus des champs de lavande, Par la forêt noire, en travers des rivières rapides Et le désert où mille soleils brillent.

Enfin, nous sommes arrivés dans une clairière Où les oiseaux chantent et les fleurs fleurissent, Où les écureuils gambadent sur les arbres Et les nuits portent les bijoux des étoiles.

"C'est ici que Ariel habite avec Maman Nature. Loin des villes et des humains, elle joue, Elle rit, elle pleure, elle danse, elle chante. C'est ici que Ariel trouve la paix."

"Et c'est ici que vous allez la trouver aussi."
Et je sais dans le cœur de mon cœur
Qu'il a parlé vraiment.



### La Paix, Un Défi Global

Dans le monde d'aujourd'hui, marqué par le terrorisme, la violence et le crime, la paix est devenue un rêve lointain et une quête impossible. Les conflits intérieurs, les dilemmes et le stress psychologique de l'homme ne lui donnent aucune paix intérieure. L'environnement est marqué par le bruit des machines, des haut-parleurs, des klaxons de voitures et une cacophonie générale. Donc, au sens littéral aussi, il n'y a pas de paix. À la recherche de la paix, les hommes se rendent dans des contrées lointaines, au sommet des montagnes et dans des évasions lointaines. Mais la paix intérieure lui échappe encore, même si le bruit des vagues, des rivières et des oiseaux rend l'environnement extérieur agréable et délicieux. La paix intérieure ne peut donc être trouvée que dans la spiritualité et la communion avec Dieu. Les hommes doivent se détourner de la course effrénée, des gains matérialistes et de la commercialisation du bonheur. Ils devraient plutôt se tourner vers leur réservoir intérieur car la paix réside en eux

Dia Bothra (IX B)

Geet Bagri (XI S)

### Le Frêle Rêve de la Paix

Qu'est-ce que c'est la paix ? Un rêve fragile, un espoir partagé. Un fleuve, qui coule sans fin, Vers l'horizon, où brillent nos destins.

Dans le calme du matin, la paix se lève, Comme le soleil du matin et un souffle doux. Mais avec la guerre vient la haine, Et les cœurs se ferment dans un monde fou.

La paix, c'est un jardin en fleurs, Où chaque pétale est une lueur, De bienveillance, de fraternité, Un monde uni, sans brutalité.

Khushi Jain (XI C2)

### Trouver la Paix

"La paix est le sourire de l'âme." - Paul Valéry

Dans le monde d'aujourd'hui plein de bruit, trouver la paix peut être difficile. Pourtant, même de petites choses peuvent apporter la paix. Fais ce que tu aimes, même si c'est méditer. Consacrer quelques minutes chaque jour à une promenade dans la nature ou à écouter votre chanson préférée peut faire une énorme différence.

La gratitude peut également nous aider à avoir des pensées positives. Chaque jour, prends un moment pour penser à quelque chose de bien que tu aimes. Enfin, accepte que tu ne puisses pas tout contrôler autour de toi. Mais tu peux contrôler ta façon de réagir. Ne trouble pas ta paix par les actions des autres.

Trouver la paix dans un monde difficile ne signifie pas que tout est parfait, il s'agit de créer de petites choses significatives qui nous aident à nous sentir bien.

Krishika P. Bhambani (XI C1)

### Coup de Tonnerre

Dans son esprit, Il pleuvait fort, La tristesse et la colère n'étaient pas séparées.

Elle a fermé les yeux et a vu quelqu'un Avec un halo doré au-dessus, Brillant comme le soleil.

Ils étaient à portée de main, Mais elle ne pouvait pas s'approcher, Comme quelque chose se mettait en travers de son chemin.

Dépression et rage, L'avaient gardée dans une cage! Mais elle l'a brisée et s'est envolée.

Elle a attrapé sa bague en or, Pris une profonde inspiration, Et a apporté la paix à la tempête intérieure.

Vaani Sethia (IX B)



### La Danse des Contradictions

La paix est un mot très élégant, Mais pratique-t-on vraiment ce mot en France?

Affrontements entre les deux camps, C'est ce que nous observons de temps en temps.

Divisé par les politiques économiques, les questions sociales et la réforme des retraites, Mais sous leurs yeux, tous souhaitent la paix et la fête.

Des tensions surviennent à cause du capitalisme, Mais laissez certains sujets inaperçus : le féminisme, le nationalisme et le racisme.

Tous aspirent à la paix pour atteindre la liberté, Tous aspirent à la paix pour atteindre la vérité.

Khushi Seth (X C)

### Le Rêve de la Paix : Un Idéal Loin de la Réalité

La paix est un concept important, mais malheureusement, elle est difficile à atteindre dans notre monde actuel. Beaucoup de gens parlent de paix, et elle est souvent vue comme un idéal. Cependant, quand on regarde autour de nous, on voit que les guerres existent encore dans plusieurs pays. Malgré les efforts pour arrêter les conflits, la violence persiste.

Il y a aussi de plus en plus de crimes dans les grandes villes. Les gens ne se sentent pas toujours en sécurité, même chez eux. L'augmentation de la violence rend la paix encore plus difficile à réaliser. Il est triste de voir que, même si on rêve tous d'un monde en paix, la réalité est différente.

Si tout le monde travaillait ensemble pour créer un monde meilleur, peut-être que la paix serait possible. Mais pour l'instant, c'est un rêve. Il faut beaucoup de courage et de changement pour transformer ce rêve en réalité. En attendant, on continue à espérer et à travailler pour un avenir plus pacifique, mais la route est encore longue.

Sarah Saha (IX C)

### Un Monde en Paix

Le vent souffle doucement sur la terre, Les cœurs s'ouvrent, plein d'amour. Les murs disparaissent, tout est calmé, Un monde en paix, enfin libéré.

Les mains se rejoignent, les rires fleurissent, Sous le ciel bleu, la paix s'installe. Dans chaque regard, l'espoir est né, Un monde en paix, enfin libéré.

Le jour se lève, tout est tranquille, Les guerres partent, la vie devient facile. La lumière guide un chemin doré, Un monde en paix, enfin libéré.

Saanvi Shroff (XI S)





### Frieden in einer chaotischen Welt finden

In einer Welt voller Chaos und Unsicherheit ist es für das persönliche Wohlbefinden unerlässlich, Frieden zu finden. Eine wirksame Strategie besteht darin, eine positive und offene Denkweise zu pflegen. Indem wir negative Denkmuster hinterfragen und eine optimistischere Einstellung einnehmen, können wir die Herausforderungen des Lebens besser meistern. Darüber hinaus kann die Förderung von Empathie und Verständnis für andere dazu beitragen, Gräben zu überbrücken und ein harmonischeres Umfeld zu schaffen. Auch Vergebung spielt eine entscheidende Rolle bei der persönlichen Heilung und der Wahrung des Friedens. Indem wir Groll und negative Gefühle loslassen, können wir uns von den Lasten der Vergangenheit befreien und uns auf den Aufbau einer besseren Zukunft konzentrieren.

Aahana Tripathi (VIII C)

### Inneren Frieden finden

Die Welt von heute ist voll von Chaos. Um Frieden zu finden, muss man Brücken bauen zwischen verschiedenen Denkweisen bauen. Es verschiedene Wege, Frieden zu finden, die von Mensch zu Mensch unterschiedlich sein können und Sie können von Mensch zu Mensch unterschiedlich sein. Man kann Frieden finden, indem man seinen Hobbys nachgeht. Es kann ihnen helfen, in eine andere Welt zu entkommen und ihre Umgebung zu vergessen. Bücher bieten eine Möglichkeit, dem Chaos des Lebens zu entfliehen und inneren Frieden zu finden. In einer Welt, in der man sich oft abgeschnitten und isoliert fühlt, bieten sie eine Möglichkeit, sich mit anderen zu verbinden, indem man menschliche Erfahrungen mit anderen teilt. Wir müssen auch die Kunst des Vergebens beherrschen, indem wir unsere Denkweise ständig auf der Grundlage verschiedener Situationen. Dies wird uns helfen, neue Wege zu erkennen und Lösungen zu finden, die auf unserem Verständnis und unserem Einfühlungsvermögen beruhen. Nur so können wir inneren Frieden finden.

Anushka Sinha (VIII B)

### Die rote Fahne

Einmal befand ich mich auf eine Wiese, Der Luft war frisch, es gab keinen Krisen. Die Vögel singen, laut und klar, Die Welt war friedlich, nicht furchtbar! Die Baume tanzten, die Sonne scheint, Endlich verstand' ich, was 'Frieden' meint!

Ploetzlich wach' ich auf... es war nur einen Traum. Wo ist der Sonnenlicht und die Voegel im Baum? Die Nacht ist dunkel, mit Schreien und Groll, Mit Krieg der Welt ist immer voll. Wo ist Frieden? Abwiesen oder weit? Ist es unglaublich in diese Zeit?

Die Erde blutet, es ist kein Utopie, Frieden könnt nicht hier leben – nein, nie. Herzlichkeit fehlt, verletzt oder tot, Die weisse Fahne ist jetzt rot.

Anandini Sengupta (XI H)



### Ist Frieden ein egoistisches Streben?

Frieden ist für viele Menschen sehr wichtig. Viele denken, dass Frieden eine gute Sache ist. Aber einige Leute sagen, dass Frieden manchmal egoistisch sein kann. Wenn jemand nur für sich selbst Frieden will, denkt er nicht an andere. Zum Beispiel, wenn ein Land Frieden will, aber nur für seine eigenen Interessen, kann das zu Problemen führen. Frieden bedeutet auch, andere Menschen zu respektieren und ihre Meinungen zu hören. Wenn man Frieden sucht, sollte man auch bereit sein, Kompromisse zu machen. Manchmal ist es schwer, Frieden zu finden, weil Menschen unterschiedliche Meinungen haben. Wenn jeder nur an sich selbst denkt, kann es keinen echten Frieden geben. Am Ende ist Frieden wichtig, aber wir müssen auch an andere denken. Nur so können wir gemeinsam in Harmonie leben. Frieden ist kein egoistisches Ziel, sondern ein gemeinsames Streben.

Ishita Ghosh (X A)



### Ist Frieden ein utopisches Konzept?

Frieden fühlt sich oft wie eine utopische Idee an, eine perfekte Welt, die schwer zu erreichen scheint. Sich eine Welt vorzustellen, in der Frieden herrscht, bringt viele positive Ideen hervor. In dieser friedlichen Welt würden die Menschen zusammenarbeiten, anstatt zu kämpfen, was zu besseren Freundschaften und Verständnis führen würde. Geld, das für Waffen ausgegeben wird, könnte für Schulen, Krankenhäuser und den Umweltschutz verwendet werden. Menschen aus verschiedenen Kulturen würden miteinander teilen und voneinander lernen, wodurch Hass und Angst verringert würden. Diese Idee lässt uns jedoch auch über die menschliche Natur nachdenken und darüber, wie man Frieden halten kann, wenn Menschen verschiedene Meinungen haben. Der Streben nach Frieden kann uns dazu inspirieren, die Welt zu verbessern.

Devangi Agarwal (XI H)

### Was ist Frieden?

Frieden bedeutet mehr als nur die Abwesenheit von Krieg und Gewalt. Wenn wir sagen, dass Frieden einfach das Ende von Konflikten ist, sehen wir nur einen Teil des Ganzen. Echter Frieden umfasst auch eine Haltung der Harmonie und des Verständnisses zwischen Menschen und Gemeinschaften. Frieden ist keine Passivität oder das bloße Vermeiden von Problemen; es ist eine aktive Entscheidung, die Dinge zu verbessern und ein Umfeld zu schaffen, in dem sich alle sicher und respektiert fühlen. Wenn wir Frieden nur als die Abwesenheit von Krieg sehen, ignorieren wir die Notwendigkeit von Gerechtigkeit und Zusammenarbeit. Friedliches Zusammenleben erfordert Respekt, Toleranz und die Bereitschaft, Konflikte friedlich zu lösen. So ist Frieden nicht nur das Fehlen von Konflikt, sondern auch eine aktive Einstellung, die positive Veränderung und ein besseres Zusammenleben fördert.

Shagun Kundra (X A)

### Ist Frieden ein egoistisches Streben?

Frieden kann nicht mit Härte oder Egoismus angestrebt werden, sondern ist eine kollektive Verantwortung und Anstrengung. Frieden zu suchen, sichert nicht nur den eigenen Nutzen, sondern kommt auch den Menschen um uns herum und sogar den Generationen zugute, die noch geboren werden müssen. In einer friedlichen Gesellschaft sind die Menschen sicher, können sich gegenseitig helfen und zusammenarbeiten, weil es kein selbstsüchtiges Verlangen nach Frieden gibt. Das ist unsere aller Verpflichtung. Wenn wir Frieden anstreben, werden wir nur Gutes tun, und die Menschen sowie zukünftige Generationen werden ebenfalls Gutes tun. Aus Angst vor Konflikten oder Gewalt ist eine Person in der Lage, in einer friedlichen Umgebung frei mit anderen Menschen zu leben, zu helfen und zu arbeiten. Frieden zu schaffen bedeutet nicht nur, sich nicht an Kriegen zu beteiligen, sondern auch, Respekt, Verständnis und Zusammenarbeit im Alltag zu bieten. Thus ermöglichen friedliche Beziehungen eine Gesellschaft, in der alle Menschen gleich qualifiziert und gleich in der Lage sind, in Wohlstand zu leben. Eine egozentrierte Welt kann nicht in Frieden existieren, denn der Frieden fördert das Wohl aller. Und der Wunsch nach Frieden ist auch ein egoistisches Streben, da er die Grundlage für eine bessere Zukunft mit anziehenden Menschen legt.

Yuvikaa Patni (XI S)

### Frieden Durch Kunst

Kunst hat eine unglaubliche Leistung, sie beruhigt die Seele und bringt inneren Frieden. Ob durch Malerei, Musik oder Literatur, kreative Ausdrucksformen sind ein Weg, um tiefste Gefühle zu entfalten und innere Konflikte zu heilen.

Malen oder Zeichnen hilft, das Unaussprechliche zu zeigen. Farben und Formen sprechen oft mehr als Worte. Musik hat die Fähigkeit, uns in eine friedliche, fast magische Stimmung zu versetzen und alle Sorgen zu vertreiben. Auch das Schreiben oder Lesen von Geschichten öffnet Türen zu unseren tiefsten Gedanken und Gefühlen.

Kunst heilt nicht nur den Schöpfer, sondern auch den Betrachter. Ein einziges Kunstwerk kann Empathie wecken und uns in eine ruhige, friedvolle Welt entführen. Sie erinnert uns daran, dass Frieden in uns selbst und in der Verbindung zu anderen zu finden ist.

Kunst ist der Schlüssel, um unsere innere Unruhe zu überwinden und wahre Harmonie zu erleben.

Samaira Vaid (XI S)

### Schützen Sie Ihren inneren Frieden

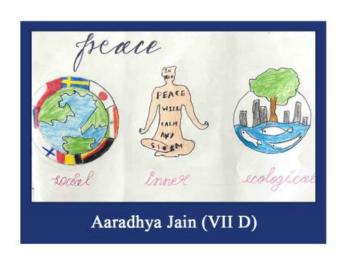
"Lassen Sie nicht zu, dass das Verhalten der anderen Ihren inneren Frieden zerstört." Jeder Mensch auf dieser Welt ist einzigartig und hat eine andere Sichtweise auf alles. In der heutigen Welt sind wir damit beschäftigt, die Ansichten anderer Menschen an unsere eigenen anzupassen. Das ist der Grund, warum die meisten Menschen unglücklich sind. Der wichtigste Schritt zur Selbstentfaltung ist die Erkenntnis, dass nicht jeder die gleiche Meinung zu allem hat. Deshalb sollten wir unsere Zeit damit verbringen, uns selbst zu verbessern und die beste Version von uns selbst zu werden.

Sana Joshi (VIII A)

### Frieden in Chaos Finden

Um in einer chaotischen Welt Freiden zu finden. beginnt alles mit uns selbst. Zuerst müssen wir lernen, ruhig zu bleiben, auch wenn um uns herum alles hektisch ist. Atemübungen und einfache Meditationen können dabei helfen, den Geist zu entspannen. Es ist auch wichtig, nicht zu viel zeit mit negativen Nachrichten oder Konflikten zu vebringen. Eine gute Idee ist es, sich auf die positiven Dinge in Leben zu konzentrieren wie Freunde, Familie oder Hobbys, die Freude bereiten. Dankbarkeit für das, was wir haben, kann uns inserlich stärker machen. Auch das Teilen von positiver Gredanken und Unterstützung mit anderen bringt ein Gefühl von Frieden. Auf der größeren Ebene kann Frieden durch verständnis und Respekt für andere Menschen entstehen. Wenn wir lernen besser zuzuhören und Mitgefühl zu zeigen, schaffen wir eine friedlichere umgebung. Frieden beginnt in uns und breitet sich dann auf die Welt aus.

Navika Agarwal (VIII D)



### **EX - STUDENTS' SECTION**



Sheetoshna Pattnaik BA Hons Sociology Sri Venkateswara College Delhi University

### IN QUEST OF PEACE

When I first think of the word peace, several questions pop up in my mind. What exactly is peace? Is it the small joys, relief and contentment of our personal lives, or is it the internal tranquility and mental bliss that great thinkers talk about? Or is it what politicians promise before every election?

How is peace established? It is not something tangible that we can easily grasp. If it is so abstract, how do these global organizations claim to achieve it? Does peace mean peace for all or just peace for me? After all, one person's peace may come at the expense of another-just as the peace of one nation may rest upon the ruins of another. What about peace after bloodshed? Is violence the opposite of peace or is it sometimes a tool to establish it? And most importantly, even if peace is achieved, how long does it truly last?

The only conclusion I can offer is that peace is contextual-it is shaped by our position in the scheme of things and the narrative we choose to set. Peace is necessary for a country to prosper, for a group to function and for an individual to thrive. I still cannot

fully fathom the concept of peace but I understand that it is as crucial as oxygen. And perhaps, like oxygen, we often take it for granted-until it is no longer there.

As I step out into the world beyond school and leave my nest, peace feels like the warmth of the safe arms of parents, friends and teachers who protected my childhood.



Prerna Shukla St Xavier's College Kolkata

### THE NECROMANCER

I lay in this grave, As my heart ticks away, I would admit something else if I were brave I would say that it's only time that sways.

Is this the rattling of coins or bones I hear? Is this the call of the abyss or just my fear? Is this the last warmth I feel or drops of my tears? Or it is my agony- finally too much to bear!

The sound of the sea waves close by, If I were more honest you would know it's the Styx's cries. It feels like this bank isn't quite dry Maybe it's the summer's day or the offerings to the gone by.

The air smells heavy like it doesn't want to talk today, Usually we are friends and it calls me out to play, It has been ignoring me the whole day, Does this mean that this is where I stay?

And that thought, it scares me
Terrifies me beyond comprehension
To be stuck in this barren field
With runes of Asphodel and Aconite, awaiting grand redemption.

And yet, this too is peace, A peace that smothers all joy, all sorrow, all pain One that takes away all light, all sound, all rain And leave me here to stare at the wood grain.

# NOTABLE ALUMNAE



Damini Agarwal is the Chief Technology Officer at Infinite Biomedical Technologies, Baltimore, USA. A 2011 graduate, she develops bionic arm technologies and oversees business operations in Southeast Asia and the Middle East.

Radhika Dutt is the Director of Climate Communications at Antenna Group in San Francisco, USA. A 2011 graduate, she credits her 14 years at Sushila Birla Girls' School for nurturing individuality, courage and a strong value system.





Abheri Sen is the founder of MYRA, a brand specialising in costume jewellery inspired by indigenous crafts. A 2013 graduate, Abheri has two stores in Kolkata.

Krittika Gupta is the Marketing Manager for Fire TV and Kindle at Amazon India. A 2016 graduate, she plays a key role in shaping digital content and consumer experiences in one of the world's leading technology companies.





Namrata Dutta is currently working as a Cardiology RMO at Fortis Hospital, Anandapur. A 2016 graduate, she also serves as the Family Health Director at Responsible Charity, Kolkata.

Shailja Beria, a 2020 graduate, recently completed her law degree from the National University of Juridical Sciences in 2025. She will soon be joining Cyril Amarchand Mangaldas as an Associate.



## PRIMARY SCHOOL

### ALL ROUND DEVELOPMENT

### **ARCHERY**

The Archery Club with students of Classes IV and V is a comprehensive activity that develops a wide range of physical, mental and emotional skills amongst our students. An expert in the field, Mr. Amit Kumar conducted the sessions, enhancing focus and concentration to improve physical strength, coordination and discipline. It also resulted in development of their hand-eye coordination, patience and emotional control. The club aimed to improve their shooting techniques, mental resilience, balance and posture along with fine motor skills.



### BASKETBALL

The Basketball Club is one of the most popular clubs, conducted for the students of Classes III to V. The game helps in building strength and reduces the risk of obesity. It boosts focus, discipline, self-esteem, confidence, coordination and teamwork among the players. The regular practice sessions helped the students develop correct techniques for gripping the ball and dribbling, and acquire the skills of chest pass, bounce pass and shooting the ball into the basket. The club also provided opportunities to our students to compete at different inter school and regional levels, helping them gain exposure and experience.

### **BULBULS**

The Bulbuls of Classes IV and V are focussed towards their contribution to the society. They participated in the Van Mahotsav Programme and planted saplings. For Daan Utsav they made first aid boxes, filled with essentials and donated them to the underprivileged children. They made a conscious effort towards an eco-friendly environment by making dustbins using waste materials that are being used by the teachers and students of our school. The All Faith's Prayer Meet enabled the Bulbuls to focus on shared beliefs, feelings of hope, gratitude, compassion and forgiveness. Through different activities, the Bulbuls demonstrated teamwork, creativity and a commitment to community service, showcasing their dedication towards making a healthy society.



### **CALLIGRAPHY**

In the Calligraphy Club for the students of Classes IV and V, they learnt the essential calligraphy guidelines, including pen handling, letter alignment, spacing and pressure techniques to achieve consistent and elegant writing. The students practised fundamental calligraphy strokes, paying attention to letter structure, proportion and smooth transition between characters. They designed book covers, created unique bookmarks, practised flamboyant lettering styles and also made personalised greeting cards to add creativity and flair to their calligraphy work. These sessions aimed to sharpen the students' artistic skills with the understanding of diverse calligraphy styles, promoting creativity and expression.





### CHESS

The Chess Club was composed of students from Classes IV and V. They were taught the basics of the game including the movement of the pieces and the value of each piece. Apart from the history of the game, the students were given a brief idea about the origin of the game. They learnt the various tactical motifs like pin, fork, skewer and double check. They were also shown the games of past masters and modern masters and given problems on chess. A competition was held on July 20, 2024, to celebrate International Chess Day. The sessions helped the students with improved problem-solving skills, enhanced memory, strategic thinking, improved concentration, focus and decision-making skills. They were also benefited additionally with mathematical and logical skills, critical thinking, resilience and patience, confidence building and stress management.

### **COOKERY**

Cooking is an art which requires skill and expertise. The students of Classes IV and V in 'The Cookery Club' are encouraged to bring forth their creativity while they learn about the nutritional content of the food items they make.

The facilitators of the club, Ms. Poonam Dhawan, Ms. Archana Sinha and Ms. Anupama Das guided the children through an array of activities. The young chefs-to-be learnt about the importance of kitchen safety and hygienic practices while cooking.

The students learnt a variety of food items, from refreshing beverages like Paan Shots and Homemade Cola Drink to desserts such as No-Bake Mango Cheesecake and savouries like Cheesy Garlic Butter Buns, Choco Chip Oats Cookies and Red Lentil Fritters.

The Cookery Club instills confidence in its students as they learn to work cohesively, appreciating teamwork and cooperation.

This enriching journey has helped many young chefs to fulfil their passion for cooking and win accolades for the school by participating in inter-school competitions.



### DRAMA

The Drama Club for the students of Classes IV and V was a dynamic blend of activities designed to enhance their creativity, confidence and collaborative skills. Through miming, role-playing, scriptwriting and interactive games, participants explored various facets of drama, each contributing uniquely to their personal and artistic development. The activities were designed to help the students with their confidence building, enhanced verbal and non-verbal communication skills. teamwork collaboration. creative expression and emotional development.



### OUIZ

The Quiz Club, was conducted every week by Mr. Ranjan Datta for the students of Classes IV and V. They participated in engaging quiz sessions covering a wide range of topics, including history, science, literature, mythology, sports and current affairs. These sessions not only enhanced their general knowledge but also encouraged teamwork, critical thinking and quick decision-making. The club was a valuable platform for students to learn, collaborate and compete, fostering both academic growth and personal development.

### ROBOTICS

The Robotics Club is a vibrant space for learning, bringing together 23 enthusiastic students from Classes IV and V. The club focussed on creating a Water Level Monitoring System, where students learned to design and programme sensors for real-world applications.

In addition to the project, the students explored key areas of robotics such as circuit designing, programming and sensor integration. With the expertise and guidance of the mentors, they gained hands-on experience while developing the skills of critical thinking and problem-solving. The club continues to foster teamwork, creativity and innovation, reflecting the spirit of exploration within our students.



# HIGHER TOWN THE PARTY OF THE PA

### **SCRABBLE**

The Junior Scrabble Club is a vibrant community comprising students from Classes IV and V. The members actively participated in engaging activities, including playing Scrabble and various offline and online word games. These activities were designed to promote vocabulary enhancement and ignite a passion for language learning. The club also served as a platform for students to prepare for inter-school competitions, offering them valuable exposure and experience. The club emphasised the importance of healthy competition while nurturing qualities such as discipline and teamwork. Each activity was thoughtfully designed to make the sessions interesting while promoting creativity and instil a love for lifelong learning.

### THE SCIENCE AND INNOVATION

"The important thing is not to stop questioning. Curiosity has its own reason for existence."- Albert Einstein

The Science and Innovation Activity Club for the students of Classes IV and V embarked on an exciting journey of exploration and discovery throughout the academic session under the able guidance of Ms. Joyeta Saha, Ms. Martha M Sinha and Ms. Soma Biswas. This activity club provides the students with the opportunity to explore various fields of science through hands-on experiments, interactive projects and engaging discussions. It encourages curiosity, critical thinking and teamwork, aiming to foster a deeper interest in science beyond the classroom. Throughout the year, a variety of activities were conducted to promote scientific exploration. Students collaborated to share ideas and work on group projects. They also conducted simple yet exciting experiments on acid-base chemical reactions, surface tension of liquids, creating volcanic eruptions and making models on robotic hand and earthquake-resistant structures. All these activities were designed for a better understanding of the application of science in real-life situations. They were also aligned with the SDG goals to foster a sense of responsibility towards the environment. The Science and Innovation Activity Club has proven to be a vibrant and enriching space for our students to develop their scientific knowledge and practical skills. Through collaborative efforts and innovative activities, the club has successfully sparked greater interest in science and continues to inspire students to explore the wonders of the natural world.







### SKATING

The Skating Club comprises 30 students from Classes III to V. The club holds weekly practice sessions, under the guidance of Mr. Ajoy Bera. The students get prepared for the session through stretching and light exercises. They are given training on basic and advanced skating techniques such as stopping, turning, gliding and jumping. The group exercises focus on building teamwork, such as relay races and synchronised skating. To ensure safety, students wear proper protective gear, including helmets, knee pads and elbow pads during practice. The Skating Club remains a dynamic part of our school, providing students an opportunity to enhance their skating skills along with physical fitness in an inclusive and supportive environment.

### YOGA

By incorporating yoga into practice, the students of Sushila Birla Girls' School developed essential life skills that extended beyond the yoga mat. The club is conducted by a professional trainer, Mrs. Tinku Ganguly. These sessions had a profound positive impact on our students helping them to gain flexibility and balance. It helped in achieving strength and endurance resulting in overall physical fitness and stamina. Yoga helps in improving attention & focus, calm their minds, reduces stress & anxiety and promotes inner peace.

The consistent practice, effort and dedication of our students paid off at the Annual Sports Day, where they showcased their excellent yoga skills making the parents, teachers and the entire school proud of these little yogis.









### **ZUMBA**

The Zumba Club was introduced in this session for the students of Classes IV and V. Zumba is a fun and energetic dance fitness programme that combines 'Latin' and 'International' music and dance moves. This club was conducted by our Zumba instructor, Ms. Kaushanii Ganguly. It was mostly enjoyed for its infectious rhythms, high-energy routines and easy-to-follow steps. The students have also learnt to choreograph songs with different rhythms of Zumba. The sessions not only helped in the development of physical fitness, balance and flexibility but also fostered teamwork, self-expression and healthy competition.

### SENIOR SCHOOL

### **ALL ROUND DEVELOPMENT**

### **AAVISHKAR**

The "Aavishkar" club was initiated in 2012 to cater to the wellness and well-being of the students of Classes IX-XII. Its mission is to create and promote awareness of mental health.

Sessions are conducted twice a month, usually, on how students could take care of their emotional, psychological and social well being. Psychiatrists, psychologists, social workers and experts in mental healthcare share their insights on sensitive issues, including bullying, cyberbullying, exam stress, body shaming, teenage diet and lifestyle, graphology, handwriting analysis and career options. Students also create relevant presentations for their peers to help destigmatise mental health.

The club comprises approximately 50 members, with students paying an annual fee of Rs 250 for registration at the beginning of the year. The overall purpose of the club is to help students heal, feel safe in school and understand that mental health is just as important as physical health.

The motto of our club is: "Catharsis is a journey, not a destination."







### **TEDED**

The TedEd Club was formed with 20 students from Classes IX and XI, who embarked on a curated learning journey. They began by familiarising themselves with the program, reviewing materials and preparing for sessions where ideas were presented. The process involved leader-student interactions, talk development and culminated in the presentation of various topics.

The TedEd Club members explored captivating subjects, presenting diverse perspectives. Medhaavee Agrawal discussed 'Is Being 'Skinny' More Important Than Being Healthy?', addressing societal beauty standards and the importance of well-being. Yashvvi Mehta explored 'Balancing Hobbies and Academics', offering insights into effective time management. Angana Sarkar examined 'Breaking the Glass Ceiling: Feminism', shedding light on gender equality.

Neeti Jain spoke on 'Clarity of Goals', emphasizing the importance of direction in life. Debangi Chakraborty delved into 'The Psychology of Bullying', analysing its effects on individuals. Saanvi Rungta presented 'Breaking the Mold – Challenging Stereotypes', encouraging independent thinking. Mugdha Agarwal posed a thought-provoking question in 'A Questioning Journey: 'Who Am I?'', exploring identity. Khushboo Dalmia's topic, 'Is Our Biodiversity Dying?', brought attention to environmental concerns.

Siya Arora advocated for gender equality in 'Women's Sports: Deserving of More Recognition'. Ishita Ghosh reflected on 'Mistakes, Changes, and Acceptance', focusing on personal growth. Manvi Jain explored 'Being Real', stressing authenticity. Subhangi Bhattacharyya questioned societal biases in 'Is Being an Introvert a Crime?' Aishee Majumder shed light on the struggles of displaced youth in 'Children of War', while Laksshha Khanna discussed the pressures of high achievement in 'Silver Medal Syndrome'.

After all the student members of the TedEd Club presented their speeches, a video recording of the same was uploaded to the TedEd portal by Mrs. Olympia Saha and Mrs. Sayantani Mitra.

### **SWABHIMAAN**

Swabhimaan, the social entrepreneurship club at Sushila Birla Girls' School, fosters financial literacy, creativity and entrepreneurial skills among students from Classes IX to XII. On 30th July 2024, Mrs. K. Dey, Principal, conducted the investiture of the new committee for the academic year, led by President Vidhi Bhatter and Heads for Marketing, Devishi Gupta, Public Relations, Jyoti Khandelwal, Finance, Kanak Bagri and Production, Pranjal Agarwal.

In Craftastic 2024 (25th-27th July), the club showcased local artisans' crafts, raising ₹90,000. Swabhimaan members played a key role, gaining valuable experience. During the Annual Blood Donation Camp on 27th September, students sold handmade items, with proceeds supporting social welfare. Workshops were held to create products like tote bags and coasters, fostering teamwork and entrepreneurial skills.

With over 250 members, Swabhimaan continues to empower local artisans and equip students with essential skills in marketing, production and public relations while promoting financial literacy and social impact.





### SNEH





The aim of the school's social service unit, SNEH, is to instill values of humanity and kindness among students.

On 2nd April, Autism Awareness Day was observed, raising awareness about this neurodevelopmental disability through placards, posters and audio-visual presentations.

In October, Daan Utsav celebrated the spirit of "giving." Students and teachers donated daily essentials like groceries, stationery and clothes to 85 families in Jhilling Sereng, 45 children at the Sidhu Kanho orphanage in Purulia and children from Saujyata, a Kolkata-based orphanage. Additionally, 98 sets of clothes were donated for Durga Puja through 'A Little Contribution,' and 204 sets were donated to the children of 'Sher.'

The Annual Blood Donation Camp was held on 27th September 2024 in collaboration with Project Life Force and the Lion's blood bank. Teachers, parents, and students donated blood.

In November, a Donation Drive encouraged students and staff to contribute warm clothes, which were distributed to the villagers of Jhilling Sereng and Silingda in Ayodhya Hill, Purulia, to protect them from the winter cold.

Smayan, the annual fest for specially-abled children, took place on 30th November and 3rd December 2024. This event allowed children to showcase their talents through activities like paper bag making, wristband crafting, T-shirt painting and on-stage performances such as elocution, drama and a fashion show. Students from 12 schools participated, with the Oral School for Deaf Children winning the All-Rounder award.

### **PUBLIC SPEAKING**

'Do not raise your voice, improve your argument'

The Public Speaking Hobby Activity endeavours to translate this vision into reality by providing a platform that nurtures intellectual growth and enhances communication skills in students.

Through various activities, students are introduced to the intricacies of debating, the skills required to present themselves confidently and the art of critical thinking in challenging situations. These activities encourage students to stay informed about contemporary global issues, express their opinions eloquently and appreciate diverse perspectives. Videos are also used to teach effective debating techniques.

The Public Speaking hobby activity aims to develop confident speakers with excellent oratorical skills.





### **ELOCUTION**

The Elocution Hobby Activity fosters confidence, creativity and communication skills among its members. With the vision of enhancing public speaking abilities and promoting the art of oration, the club engages in activities and events designed for middle school students. Weekly sessions are held to train members in articulation, voice modulation, body language and speech organisation. These sessions focus on improving diction, reducing stage fright and mastering persuasive speaking techniques.

### **DRAMA**

The Drama Hobby Activity comprises 38 students from Classes VI to VIII who are truly passionate about acting.

They engage in group activities like scriptwriting, directing, acting, choreography and miming. Performances-whether solo, paired or group-are assessed by teachers and peers based on clarity, expression, retention, time management and concept.

Workshops with external facilitator Mr. Rudraroop Mukhopadhyay introduced students to the history of theatre and theatre-related games. On December 9, 2024, fifteen students attended a Storytelling Workshop at KCC, exploring the power of silence, action and unspoken words.

They also held a collaborative session with the Elocution Hobby Activity, facilitated by the theatre group 'Thespians', where students learned about its history and performed a script on environmental conservation and the importance of drinking water.

The Drama Hobby Activity provides students with a safe space to express themselves and build confidence in public performance.



### DEBATE

The Debate Hobby Activity helped students learn formal debate rules and engage in weekly debates, turncoats and Devil's Advocate activities to hone their skills. Debate topics were chosen for their relevance and topicality.

Students debated issues like "The Budget in the Lok Sabha by the Newly Elected Government," where one group represented the government and the other the opposition. Topics included tax revisions, budget allocations for education and essential services and policies for environmental protection and social media regulation.

Another debate on "Reading Physical Books: Useful or Redundant?" sparked discussions on nostalgia versus environmental concerns like deforestation and the shift to digital books.



A Turncoat session was led by Aishee Majumder on "Formal Education Does Not Allow Creativity to Be Expressed." Students presented arguments for and against the motion, receiving constructive feedback.

In Turncoat debates, students prepare speeches on one side, but halfway through, they are asked to switch positions and argue the opposite. This exercise taught them to think on their feet, articulate contrasting viewpoints and adapt to different perspectives.





### QUIZ

The Quiz Hobby Activity at our school thrives as a platform for fostering curiosity, enhancing knowledge and promoting teamwork. With a wide range of topics, including Famous Poets, General Facts, Current Affairs, Movies, Books, and Music, the Hobby Activity ensures that students broaden their horizons while exploring areas of personal interest.

Throughout the year, the Hobby Activity organised interactive quizzes such as logo identification, country flags, World War trivia, the Paris Olympics quiz and the Indian Navy Quiz. Special events like the Cricket Quiz and "Guess the Song by the Lyrics" challenge sparked enthusiasm, while themed quizzes on Harry Potter and Brands and Logos were especially popular.

Students also participated in external quizzes like the Times of India Quizzard and KWIZDOM by Taaza TV. The highlight of the year was the Inter-House Quiz Competition, fostering healthy competition between the school houses.

The Quiz Hobby Activity remains a vital part of our school's extracurricular activities, encouraging students to learn beyond textbooks and stay informed about the world.

### **PHOTOGRAPHY**

"To me, photography is an art of observation. It's about finding something interesting in an ordinary place," said the famous American photographer Elliott Erwitt.

Keeping this in mind, the Photography Club nurtures its members to find something interesting in an ordinary place. The club's regular activities include capturing different moods, colours, events and seasons in and around the school. A quick trip to nearby Minto Park on a regular club day can also make learning enjoyable.

The most interesting activity this year was a photography workshop in Kumartuli, organized by Ahava Communications under the tutelage of Mr. Partha Das, a renowned photographer. This was a great opportunity for students to learn the art of observation. A heritage walk around the historic district of Kolkata encouraged students to capture the city's history through their lenses. The Inter-House Photography Competition showcased the competitive spirit and artistic talent of all the participants.









### COMPUTER

This club is the perfect place to enhance coding and creative skills, collaborate with like-minded individuals and explore exciting areas in the world of technology. It brings together 19 enthusiastic learners from Classes VI - VIII who meet every Friday from 1:25 p.m. to 2:45 p.m.

Throughout the year, the club offered a variety of engaging activities, including creating blogs, turning ideas into exciting games with Scratch, transforming photos into masterpieces with Pixlr, creating insightful presentations, videos and charts on cyber security and collaborating with the Book Club on projects such as designing book covers based on stories narrated by Book Club members. Other activities included crafting dynamic animations in Adobe Flash and turning imagination into innovation using Micro:Bit. All these activities were designed to enhance skills, foster creativity and build a supportive coding community.

### **ADVENTURE**

The Adventure Club provides an exciting platform for students to develop team spirit and necessary skills to survive in the wilderness. Rope leaders are elected by the members, fostering leadership skills and the ability to take responsibilities. The members participate in various team-building activities and games designed to enhance group unity and collaboration.

The club also focuses on imparting practical skills, teaching girls how to tie different rope knots essential for camping and survival. With an emphasis on adaptability and problem-solving, it equips students with the confidence to thrive in challenging circumstances.

By blending adventure with learning, the club promotes personal growth, camaraderie and a deeper connection with Nature.









### **BOOK**

The Book Club is more than just a place for reading-it is a space where stories come to life, ideas spark discussions and creativity flourishes. With 12 enthusiastic members, the club meets regularly to dive into books, share thoughts on characters and themes and explore different perspectives.

One of the highlights this year was a fun collaboration with the Scrabble Club. Book Club members picked interesting words from their readings and gave clever hints, while Scrabble players tried to guess and build them on their boards. It was a great way of expanding vocabulary while having fun! Another exciting project involved working with the Computer Club-students wrote their own stories and designed eye-catching book covers to bring them to life.

A memorable experience was attending a storytelling session by renowned storytellers Sutapa Basu and Madhurima Vidyarthi at Oxford Bookstore, where students learned about the art of narration, pacing and audience engagement. Through these activities, the club not only strengthened literary skills but also encouraged creativity, teamwork and a deeper love for storytelling.

### **SCRABBLE**

In the Scrabble Club, students are given the opportunity to develop their vocabulary. They are taught the rules of playing Scrabble and once they learn to play independently, they are divided into groups. Each group competes against the other groups to achieve the highest score. Students use dictionaries to discover new words and their meanings. Challenges are set by the teachers and the students strive to score the highest while meeting those challenges. Additionally, students play online Scrabble using the smart board facility.

The Book Club and the Scrabble Club organized a joint presentation where students faced new and more advanced vocabulary challenges like looking for synonyms, antonyms, meanings and identifying different parts of speech.



### **SCIENCE AND NATURE**

The Science and Nature Club plays a pivotal role in shaping environmentally conscious and scientifically literate individuals.

Club activities often involve teamwork and collaboration. The club consists of 31 students from Classes VI - VIII. The club meets every Friday and students engage in various scientific activities, related to Physics, Chemistry, Biology and Mathematics.

The club members are actively involved in the collection of dry waste and the construction of eco-brick planters inside the campus. Sessions were conducted where students were addressed by the representatives of Switch On Foundation for designing eco-bricks, the Bird Watchers' Society to generate interest in the avian population and Hulladek for creating awareness about e-waste management.

Students have planted saplings during the Tree Plantation Programme and are responsible for nurturing them. They were taken to A.J.C. Bose Botanic Garden and Rabindra Sarovar Lake to help instil curiosity about ornithology and create ecological awareness. They have also participated in the Green Olympiad.

The club looks forward to future projects like web page development, creating QR codes for plants inside the campus, building a vertical garden and engaging in more activities that continue to ignite scientific curiosity among its members.







### **ZUMBA**

The Zumba Club caters to the students of Classes VI - IX. It is a vibrant and energetic community where students come together to embrace the joy of dance and fitness. Led by instructor, Ms. Kaushani Ganguly, the club provides a dynamic space for students to engage in high-energy Zumba workouts. With pulsating music and lively choreography, students of all fitness levels enjoy a fun and inclusive environment. The Zumba Club not only promotes physical well-being but also fosters a sense of togetherness among the members, making it a popular and lively extracurricular activity on campus.



### **GERMAN**

The German Club for Session 2024-2025 offered a variety of engaging activities for the students. The session began with an ice-breaking activity to foster connections among students. This was followed by sessions introducing the German language, culture and other aspects of the nation through discussions, picture-based vocabulary exercises and reading of books.

As the session progressed, activities became more interactive and challenging. The students enjoyed filling in the blanks while listening to German songs which enhanced both their listening skills and power of retention. Tongue-twister exercises improved pronunciation and oratory skills, while recipe activities featuring German cooking videos and creative recipe writing made learning engaging and enjoyable.

Additionally, the German Club collaborated with the French Club for a Film Review Session, showcasing excellent teamwork and student participation. The session was both enriching and memorable.





### FRENCH

The French Club is dedicated to fostering love for the French language and culture. Through engaging activities, interactive learning opportunities and cultural events, the club provides a platform for the students to explore and appreciate the richness of Francophone traditions. There are 15 students and 2 teachers in the French Club. This year, the French Club organized and participated in several exciting events.

The French Club meets every Friday from 2:45 PM to 3:45 PM, to create an inclusive environment for all students, regardless of their level of French proficiency. These sessions help to keep the French culture alive in the school and also fosters language learning. Members are shown videos on iconic French landmarks like the Palace of Versailles and significant events like the French Revolution, deepening their understanding of France's rich history and culture.

In the literary fest, the club organized an impactful exhibition throwing light on France's experiences under German-occupation during World War II. A recitation of the poem 'Liberté' by Paul Éluard highlighted the resilience of French culture and spirit during this period. A comprehensive presentation explored the cultural, social, and historical aspects of France under German occupation, sparking insightful discussions among attendees.

One of the highlights of the year was the collaboration between the French and German Clubs. This unique event celebrated cinematic storytelling while fostering cross-cultural exchange and creativity. Three thought-provoking short films—Ollie, Umbrella and The Silent Child were showcased. Following the screenings, the students formed groups to create posters reviewing the films. These collaborative activities encouraged critical thinking and artistic expression while promoting teamwork and creativity.

### **CHOIR CLUB**

The choir club has a total of 7 students from classes VI - VIII. In this club, students learn how to manage their breathing patterns while singing, develop their tonal dynamics and learn various theories pertaining to music. Several songs are taught to them for different occasions and festivals.

Being a part of the choir has helped the students build confidence and improve their stage performance. Regular practice during the club helps students develop their tone, vocal range, diction and techniques. The choir also participates in several programmes and concerts.













### **KUSHAN HOUSE**

'WIN or LOSE' - we believe in undying sportsman spirit, hard work and dedication.

Synonymous with King Kanishka the Great of the Kushan Dynasty, the Kushan House is represented by the colour red. It is often associated with passion, love and energy, also representing power, strength and courage. Intensity, desire and vitality are intrinsic to this house.

Mentored by the Housemistress Archana Sinha, the Kushan House members actively participated in various Inter-House Competitions, showcasing exceptional talent and sportsmanship. In the primary section, the house bagged the first and second positions in the Inter-House music and dance competitions respectively. Classes VIII and IX aced the English and Hindi elocution competitions. With passion and dogged determination, Class VII, VIII and IX secured the first position in the Inter-House creative writing competition. The Kushans also secured second place in competitions held to celebrate Hindi Diwas for Classes VIII and IX.

One should not forget the academic demands of the students from Classes X, XI and XII and the expectations we have from them. It is commendable to watch them fit into various roles with ease – Captain, Vice-Captain and Prefect. One must not forget the other students from the senior section of the house, who made time to train participants for various competitions. Their commitment towards their house reflected in them achieving positions for the quiz and elocution competitions.

Leadership within the Kushan House remained strong with the House Captain, Ashmi Saraf, Vice-Captain, Riddhi Yadav and Prefect, Harshika Nahar, who took on responsibilities with enthusiasm and dedication. The hard work and sincerity of each Kushan House member enabled the house to excel in various competitions and activities. We conclude the academic session 2024-25 with the one thing close to the heart of each Kushan:

"Go Kushans, knock them dead, get the CROWN ON YOUR HEAD!"



### **PALLAVA HOUSE**

The Yellow House acquires its name from the Pallava Dynasty. Throughout the year, the members of the Pallava house have shown a lot of hard work, dedication and team spirit in achieving their goals.

Yellow is the colour of happiness and optimism. It is a cheerful and energetic colour that brings joy to the world.

The Housemistress, Ms. Amrita Mandal, motivated and guided the students of the house to participate enthusiastically in various events, encouraging healthy competition and sportsmanship. The spirited endeavour of the students led by the Captain, Yashvi Jalan, the Vice-Captain, Rishika Agarwal and the Prefect, Devanshi Das, won the house laurels in several competitions.

The Primary School led the leaderboards in competitions such as dance and music, earning the Junior House Representative and Prefect a well-deserved mention. We also placed first in creative writing, demonstrating our creativity and zeal. Additionally, we also aced in elocution, art and Science Fiesta. In the Annual Sports, all house members were full of motivation, enthusiasm and jubilation, which translated into multiple wins. Some athletes from the Pallava House were also named the best in their division. Throughout the year, we have worked with a fiery passion and spirit to achieve these remarkable successes. Our collective effort and dedication have truly paid off, and each member of the team has contributed with enthusiasm and determination.



### **CHALUKYA HOUSE**

The Chalukya House takes its name from one of the most powerful dynasties in Indian history. Throughout the year, the house members have consistently demonstrated dedication, perseverance and unity in their pursuit of excellence across various fields. The colour blue, representing our house, symbolizes strength, wisdom and resilience-qualities that every member has exemplified throughout the year.

With the encouragement and guidance of our Housemistress, Ms. Preeti Bhatia, the students have engaged enthusiastically in various events with passion and determination. The dedicated leadership of our Captain, Mihika Saraf, Vice-Captain, Laavya Lohia and Prefect, Bhavya Mehta, was instrumental in driving the house towards outstanding accomplishments.

Our Primary School members displayed remarkable talent in events like art, music and elocution, earning well-deserved recognition for their exceptional performances. The house also achieved top rankings in creative writing, art, Hindi and Bengali elocution, showcasing our literary excellence and creative abilities. Additionally, our success in Hindi Diwas reflected our diverse skills and enthusiasm for learning.

At the Annual Sports Meet, our athletes showcased exceptional enthusiasm and a strong competitive spirit, resulting in numerous victories. Chalukya House members exhibited remarkable sportsmanship, triumphing in multiple events and securing both the Athletics Trophy and the March Past Trophy. Additionally, the house claimed top positions in various throws and basketball competitions.

This year has been a true reflection of our house's dedication, teamwork and commitment to excellence. Each member has contributed significantly to upholding the proud legacy of Chalukya House and our collective accomplishments stand as a testament to our perseverance and unwavering spirit.



# **MAURYA HOUSE**

As one of the prestigious houses of our school, Maurya House is inspired by the rich historical legacy of the Mauryan Empire. Our house embodies the values of strength, courage, and resilience. The Green House is a symbol of power, unity and cultural excellence. Our house proudly upholds these values, fostering a sense of community and cooperation among its members.

Green is the colour of growth, harmony, and balance. It inspires our students to internalise and uphold the core qualities of strength, courage and resilience.

The Housemistress, Mrs. Sanghamitra Chatterjee, motivated and guided the members of the house, encouraging them to show their prowess in academics, sports and other Inter-House activities.

Maurya House has had an outstanding year, with numerous achievements in various areas. The house has been led by the Captain, Aakriti Bagri, Vice-Captain, Divyanshi Agarwal and Prefect, Varnika Rungta.

Our students have excelled in academics, securing top positions in several subjects. They have also won several Inter-House sports competitions, showcasing exceptional teamwork and sportsmanship. The members of the Maurya House won prizes in various cultural events, including first position in Inter-House dance, music, Hindi elocution and quiz competitions. They also achieved the first position in the Junior Inter-House Basketball Tournament.

The spirit of the house is encapsulated in its slogan:

Trees are green, green is our land; Mauryas, Mauryas on the victory stand!

The tireless efforts and encouragement of both students and teachers alike have been instrumental in our success.

Maurya House has had an exceptional year and we look forward to continued growth and success in the future. We will strive to uphold the values of the Mauryan Empire and make our house proud.

# **FIELD TRIPS**

# BENGAL BIENNIAL ART EXHIBITION AT ACADEMY OF FINE ARTS

The art students of classes VI to IX went to The Bengal Biennial Art Exhibition at the Academy of Fine Arts on 3rd January 2025. The Exhibition was a spectacular showcase of contemporary art. The objective of the visit was to expose students to various art forms, appreciate the creativity and talent of artists and inspire them to explore their own artistic expression. The exhibition featured a diverse range of artworks including paintings, sculptures, installations and digital art. The exhibits were thought-provoking, and visually stunning and demonstrated exceptional skill and craftsmanship.

The students were thoroughly engaged and enthusiastic throughout the visit. They were impressed by the work of artists Paula Sengupta, Sujoy Das, Chhatrapati Dutta and Sudarshan Shetty. Students demonstrated a keen interest in the artworks, asking insightful questions and sharing their own interpretations.

Students were also taken to Rabindra Gallery which showcases thirty-eight original paintings by Rabindranath Tagore, his personal belongings, letters written to Lady Ranu Mookerjee, postcards and a strand of Tagore's beard that was his gift to Lady Ranu with a personal note on her wedding.

The art exhibition visit was a resounding success, achieving its objective of inspiring and educating the students. The experience broadened their understanding and appreciation of art, encouraging them to explore their own creative potential.





#### **BOTANICAL GARDEN FIELD TRIP**

All students from Classes VI and VII as well as members of the Science and Nature Hobby Activity from Class VIII went on a field trip to the Botanical Garden on 27th November 2024. This enabled them to connect with nature and enjoy the beauty of diverse plant species. It also provided them with an opportunity to learn about conservation and environmental sustainability.



#### SHANTINIKETAN EDUCATIONAL TRIP

In November 2024, Class V students embarked on an enriching journey to Shantiniketan, where education, creativity and culture blended seamlessly. They explored a park and a tribal village, gaining insight into history, heritage and indigenous lifestyles. At Visva-Bharati University, they experienced Tagore's visionary education philosophy, emphasizing learning in harmony with nature.

A hands-on art workshop encouraged creative expression, while time spent with Santhali children fostered empathy and generosity. At Shonajhuri Market, students practised budgeting, enhancing financial literacy and a 'No Plastic Drive' reinforced environmental responsibility. Shared accommodations nurtured teamwork and independence, while tribal dance performances and group meals celebrated cultural diversity and camaraderie.

This immersive experience instilled discipline, adaptability, empathy and sustainability, leaving a lasting impact on young minds.





#### **GREEN VALLEY RESORT FIELD TRIP**

On 17th January 2025, 342 students from Classes III to V enjoyed a memorable day at Green Valley Resort, accompanied by their teachers. The educational excursion aimed to promote teamwork and provide a refreshing break filled with learning and fun.

The day began with a cheerful departure from school. After refreshments at the resort, students participated in engaging team-building activities that fostered collaboration and critical thinking.

A delicious lunch re-energised everyone for supervised recreational activities. The memories created during this trip will undoubtedly be cherished for a long time.





#### MIDDLE SCHOOL TRIP

An educational trip was organized for Classes VI to VIII from 17th October to 23rd October. The trip took 62 students (26 from Class VI, 26 from Class VII and 10 from Class VIII), along with 6 teachers to Delhi and Wild Camp Dhauj, near the Aravalli Hills close to Faridabad.

In Delhi, the students visited significant landmarks like Jantar Mantar, India Gate, the Iron Pillar, Qutub Minar and Dilli Haat, immersing themselves in the city's historical and cultural essence. At Wild Camp Dhauj, they participated in engaging activities including obstacle courses, wall climbing, zip-lining, a 2 km trek, pottery and non-flame cooking. This trip aimed to broaden students' awareness of their country's history and cultural heritage while fostering personal growth.









#### OKHREY-HILEY-BARSEY TRIP

On 16th May, 2024, a group of 28 students from Classes VII, VIII and IX boarded the Vande Bharat Express, their faces alight with anticipation of the adventure ahead. The students were accompanied by two teachers, Mrs. Rubena Chatterjee and Ms. Swyamduti Majumder, as well as two trainers from Juniper Wings.

The Okhrey-Hiley-Barsey trip was a carefully curated educational and adventure excursion, blending exploration of nature, cultural immersion and physical activity. After arriving at New Jalpaiguri Station the team travelled to Okhrey. The next day, they trekked to Barsey while observing the flora and fauna of the surrounding areas. The days were filled with various physical activities like rappelling, hiking and trekking. The group also visited a government school in Okhrey. During their stay, the children embraced the warmth and humility of the quaint Okhrey village while developing crucial life skills. The trip concluded with a campfire and the students put up a variety of performances having socio-cultural relevance.

The disciplined routines necessary for trekking instilled in the students a sense of responsibility and time management. A commitment to preserve the pristine environment was inculcated, adhering to the principles of sustainability. Finally, successfully navigating the trails and overcoming personal limits boosted self-esteem, encouraging students to believe in their capabilities and embrace future challenges with confidence. This journey not only enhanced their appreciation and respect for nature but also fortified their moral and personal development. The students returned home on 20th May, 2024, filled with unforgettable memories and a deeper appreciation for life.





#### PRINCETON CLUB FIELD TRIP

A Delightful Day of Fun and Learning

On 9th January 2025, the students of Classes I and II enjoyed a day of fun and frolic at Princeton Club, Kolkata. Brimming with excitement, they participated in an array of activities fostering social interaction, skill development and recreation.

A variety of indoor and outdoor games were organised for the children and the bouncy castle emerged as a favourite. The young learners, unaware at the time, absorbed valuable life lessons through play and camaraderie making the day a perfect blend of enjoyment and learning.







#### RABINDRA SAROVAR LAKE FIELD TRIP

On 5th December 2024, the students of the Science and Nature Club of Sushila Birla Girls' School took part in an enriching bird-watching activity at Rabindra Sarovar Lake, a biodiversity hotspot known for its serene environment and diverse avian population.

The activity aimed to instill curiosity about ornithology, encourage ecological awareness and enhance observational skills among students.





#### **SENIOR SCHOOL TRIP**

On 17th October 2024, 29 students from Classes XI and XII, along with Ms. S. Jain, Ms. R. Chatterjee and Ms. R. Roy, set off for a memorable 6-day educational trip to Kathmandu, Nepal. They visited the Shambhunath and Pashupatinath temples before flying to Pokhara, where the trip highlights included a sunrise cable car ride over the Annapurna range, visit to Devi's Falls and Gupteshwar Cave and shopping in Pokhara. Back in Kathmandu, the group toured Bhaktapur, Nagerkot and returned to Pashupatinath for a puja. The students got an opportunity to understand the rich historical and cultural heritage of Nepal. The trip ended on 22nd October, as the group returned to Kolkata with cherished memories and souvenirs.



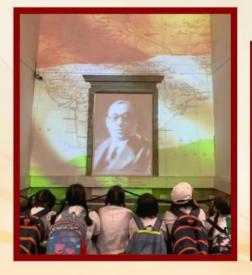




#### **VICTORIA MEMORIAL FIELD TRIP**

On 4th December 2024, the students of Class IV embarked on an enriching field trip to the iconic Victoria Memorial, a historic marvel that stands as a testament to India's colonial past and artistic brilliance. The outing began with a guided tour of the museum housed within the Victoria Memorial. Not only was it a visual treat but also a treasure trove of learning, helping the students to seamlessly integrate lessons in History and Science. The students came back with a sense of achievement and pride soaking in the knowledge this majestic monument had to offer.







## PARENTS' ORIENTATION PROGRAMME

#### **JUNIOR SCHOOL**

The Parents' Orientation Programme for the academic year 2024-25 aimed to familiarise Junior School parents with the school's curriculum, assessment methods, extracurricular opportunities and essential guidelines. The session highlighted the school's core values and commitment to holistic development, providing parents with valuable insights into their child's educational journey. It was well-received for its clarity and depth, setting a positive, welcoming tone for the new academic year.





#### MIDDLE SCHOOL

At the start of the new academic session in April 2024, parents of middle school students were invited to an orientation program. The session was led by the Principal, along with the Coordinators and Class Teachers. During the program, key aspects such as school rules, upcoming events and exchange programs scheduled for the academic year were discussed. Towards the end, a question-and-answer session allowed parents to voice their queries, which were promptly addressed by the Principal and Coordinators.

#### **CLASS IX**

At the beginning of the academic session, an orientation programme was conducted to familiarise the students with important guidelines and expectations. The students were reminded of the importance of adhering to school rules and regulations and maintaining regularity of attendance. They were informed that any planned leave must be approved by the Principal in advance. They were also apprised of the board rules and the pattern of the question papers to help them understand the academic structure better.





#### **CLASS XI**

An orientation programme was organised for the students of Class XI to familiarise them with school policies, evaluation system, promotion criteria, class timings and other important matters. An overview of the curriculum was also given to the students and their parents.

# **EPILOGUE**

As we bring this year's edition of our school magazine, Vignettes, to a close, it gives us an opportunity to reflect on the moments, achievements and lessons that have shaped our journey. This edition not only highlights the talents and voices of the students but also captures the spirit of a school community constantly growing, learning and adapting.

This edition is a small effort to spread the message of peace, because we believe that kindness, understanding and respect can build a better world, starting right here in our school. From young primary students sharing their thoughts about what brings them peace and comfort, to senior students critically analysing whether peace is a utopian dream, it has brought to light various views and perspectives and has opened doors to fresh ideas and meaningful conversations about what peace truly means to each of us.

One of the most significant steps we have taken this year is the integration of Artificial Intelligence into our learning environment. By embracing modern technology while holding onto certain core values, we aim to prepare students for a future that demands both skill and character. Honesty, empathy, respect and discipline remain the foundation of everything we do and we have taken meaningful measures to inculcate these within the minds of our students.

What makes our school truly unique is our commitment to offering activities and experiences that go beyond textbooks and classrooms. From creative workshops to meaningful social outreach, from student-led initiatives to value-based programmes, we continue to offer opportunities that nurture responsible, capable and most importantly, empowered young women.

As we conclude this year's edition of Vignettes, we trust that its pages have thoughtfully reflected the spirit, values and aspirations of our school. We hope that peace in all its multitudinous aspects shall continue to inspire and encourage meaningful thinking and action in the times to come.

We look forward to our upcoming edition of Vignettes, which is based on the theme 'Work in Progress'. It will delve into the hidden value of mistakes, the strength found in setbacks and the beauty of becoming.

We extend our sincere gratitude to all contributors and look ahead to future editions with enthusiasm.

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